

5.1.3 Capacity building and skills enhancement initiatives taken by the institution include the following

1. Soft skills, 2. Language and communication skills, 3. Life skills (Yoga, physical fitness, health and hygiene), 4. ICT/computing skills

Name of the capability enhancement program	Date of implementation (DD-MM-YYYY)	Number of students enrolled	Name of the agencies/consultants involved with contact details (if any)
Anti-Drug Awareness Program	08-12-2022	44	NSS and YRC Unit
Sumana Counselling	02.12.2022	26	Department of Psychology
Health Check Up Camp and Awareness Program on Preventive Measures On Breast and Cervical Cancer	11.01.2023	100	Health Club
Sun Salutation	28.01.2023	100	Department of Yoga
70 hrs Next Gen Employability program	17.04.2023 to 26.04.2023	50	Placement Cell
Digital Psychological Interventions for mental Health Care	20.06.2023	200	Department of Psychology
International Yoga Day	21.06.2023	100	Department of Yoga
Health and Eye Check UP Camp	12.07.2023	200	Health Club


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Acharya Pathasala College of Arts and Science



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NSS and YRC Unit
Cordially Invites you to the

Anti Drug Awareness Programme

In association with
Karnataka Syndicate Foundation

Resource Persons

Ms. Shyama Vijayaraghavan

Counsellor & Psycho-oncologist

Topic : Negative Effect of Tobacco Exposure

Dr. Deepti. N

Chief Medical Officer

Karnataka Syndicate Foundation

Topic : Addiction-free Life for Better Health

Presided by

Dr. B. Jayashree

Principal, APS College of Arts & Science

In the Presence of

Smt. Sukeshni. T.V

Sri Santosh Gopal

Founders

Karnataka Syndicate, Foundation, Bangalore

On Thursday the 8th December 2022 at 2.30 pm

Venue : New Seminar Hall

Sri. Hareesha. M.C
NSS Programme Officer

Sri. Sunil Kumar. K
YRC Programme Officer

Staff & Students


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APS College of Arts & Science
N.R. Colony, Bangalore-560 019,



Telephone: 080-26603192
M: 9448205900

Acharya Pathasala College of Arts & Science

Narasimharaja Colony, Bangalore –560 019.

NAAC Accredited – B+

Email: apscollegeofartsscience@gmail.com

Dr B.Jayashree, M.Sc.(Phy), M.Phil., Ph.D.,
I/C PRINCIPAL

No. APS/A&S/ 148A/2022-23

Date: 07.12.2022

Circular

It's hereby informed to all the First, Third & Fifth Semester B.A., / B.Sc., / B.C.A., /M.A., Economics Students and to all the teaching & non- teaching staff to actively participate in “Anti-Drug Awareness Program” organized by NSS & YRC Unit of APS College of Arts and Science on Thursday the 8th December 2022 at 2:30 pm in New Seminar Hall.


Principal
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Narasimharaja Colony, Bangalore -560 019.

Anti Drug Awareness Programme
On 8th December 2022 at 2.30 pm
Programme List

1	Anchoring	Sumera. M.C
2	Invocation	Akash. D.T - 3 rd B.A
3	Welcome Speech	Rekha - 3 rd B.Sc.,
4	Resource Person Speech - 1	Ms. Shyama Vijayaraghavan Counsellor & Psycho-oncologist Topic : Negative Effect of Tobacco Exposure
5	Resource Person Speech - 2	Dr. Deepti. N Chief Medical Officer Karnataka Syndicate Foundation Topic : Addiction-free Life for Better Health
6	Presidential Speech	Dr. B. Jayashree Principal, APS College of Arts & Science
7	Vote of Thanks	Nandan III Year B A


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**ACHARYA PATHASALA COLLEGE OF ARTS AND SCIENCE
NARASIMHARAJA COLONY, BENGALURU 560019**

Report on Anti-Drug awareness programme

An Anti-Drug awareness program was conducted in the Acharya Pathasala College of Arts and Science on 8th December 2022 under NSS and YRC unit in association with Karnataka Syndicate Foundation .Ms .Shyama Vijayaraghavan, counselor and Psycho-oncologist and Dr. Deepti. N, Chief Medical Officer-Karnataka Syndicate Foundation was invited as the resource persons. The event was presided by Dr.B.Jayashree in the presence of Smt.Sukeshni.T.V and Sri Santosh Gopal-Founders, Karnataka Syndicate Foundation, Bangalore.

The programme was anchored by Sumera M C and invoked by Akash D T. Rekha of 3rd year B.Sc welcomed all the dignitaries on the stage in her welcome speech.

Objectives:

1. Empower students to make appropriate decisions related to use of tobacco, alcohol and other drugs.
2. Emphasize an awareness of the negative effect of tobacco exposure.
3. Encourage the students to lead Addiction free life for better health.

Ms.Shyama Vijayaraghavan emphasized on the effects of tobacco exposure and its ill-effects from primary to tertiary persons. She informed that exposure to nicotine can have effects on adolescent brain development. Cigarette smoking also causes shortness of breath and reduces lung growth and early cardiovascular damage. Immediate quitting of smoking is not advisable and quitting smoking reduces risks for diseases caused by smoking and improves health.

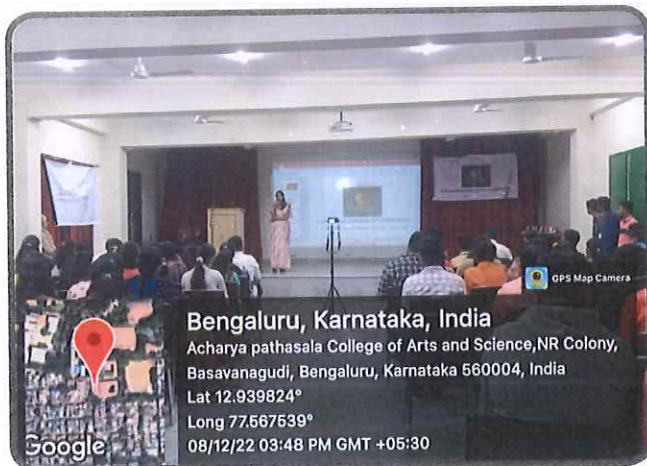
Dr. Deepti N explained about healthy lifestyle and good eating habits. She said junk food affects our health and causes serious complications. Junk food is also one of the main reasons for the increase in obesity and causes nutritional deficiencies nowadays. Addiction to junk food in future reduces the life span.

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Anti Drug Awareness Programme

In association with
Karnataka Syndicate Foundation



Dr.B.Jayashree, Principal in her presidential address said that our campus is Tobacco free and plastic free and we have systematic disciplined practices according to our "Vidyarthi Neethi Samhiti" for being tobacco and plastic free zones and all the students promised to follow the rules and norms of the same.

Outcome:

Students got an awareness about the ill effects of tobacco and drugs usage, also they realized the importance of healthy lifestyle
Students and staff enthusiastically participated in large numbers.
Around 50 students and 20 staff members attended the programme.



NSS PROGRAMME OFFICER



YRC PROGRAMME OFFICER



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"Anti Drug Awareness Program"
 In Association with
 "Karnataka Syndicate Foundation"

Date :- 08/12/2023 Venue :- New Seminars Hall.

Time :- 2:30 Pm

Sl No	Mobile No	Name	Course	Signature
01	KOUSALYA 9353058355	KOUSALYA	CBZ I Sem BSc	Kousalya
2	7483603502	M. Muskan	CBZ IV sem BSc	M. Muskan
3	8296888163	KRUTHIKA N.R	CBZ I Sem B.Sc	Kruthika
4	-	Sushmitha.B.T	3 rd yr BAA 3 rd sem	S.
5	8904441300	Pinki Kanari R	III year BA 1 st sem	Pinki Kanari R
6	9141081606	Shivarangini P	2 year BA 1 st sem	Shi
7	401965552	Rashika .N	I year BA 1 st sem	Rashika
8	9731912122	Tannagee .N	I st year BA 1 st sem	Tannagee
9	710571661	Aishwarya .S	I st year BA 1 st sem	Aishwarya
10	6362296636	Shafiya Kousar	I year BA 1 st sem	Shafiya
11	-	Tegaruwini	III rd BA 5 th sem	Tegaruwini
12	-	Saathakumar	III rd BA 5 th sem	Saathakumar
13	-	Sandhya .M	III rd BA 5 th sem	Sandhya
14	800	Sandhya .A	III rd BA 5 th sem	Sandhya
15	-	Dhanalakshmi	III rd BA 5 th sem	Dhanalakshmi
16	-	Someja M.C.	III BA	Someja
17	-	Swathi .M	III BSc	Swathi
18	-	Renuka .S	III BA	Renuka

Sl. No	Mobile No	Name	Course	Signature
19	-	Dhanalakshmi.Dh	III BA H.E.K.	Dhanalakshmi
20	-	Sandhya	III BA H.E.K.	Sandhya
21	-	Tharini Thaj	III MA	Tharini
22	-	Poojitha .M	III MA	Poojitha
23	-	Parvitha	I st BA	Parvitha
24	-	Hemalatha .M	III rd BA	Hemalatha
25	-	Mythi	III rd BA	Mythi
26	-	Sandhya	II year BA (H.K)	Sandhya
27	-	Hemalatha .R	II year BA (H.K)	Hemalatha
28	-	Niroshika .S	II year BA (H.K)	Niroshika
29	-8310916351	Dhanalakshmi .N	II year BA (H.K)	Dhanalakshmi
30	-	Jayashree .R	I year BA (SPSY)	Jayashree
31	9632040428	Pooja .V	I year BA (H.K)	Pooja
32	9916320201	Niveditha .M	I year BA (H.K)	Niveditha
33	7483626962	Dhanusha .R	III rd year BSc (CBZ)	Dhanusha
34	7022680819	Sandhya .G	III rd year BSc (CBZ)	Sandhya
35	8310761813	Annabhadri .K	III rd year BSc (CBZ)	Annabhadri
36	9632577092	Chandana .B.M.	III rd year BSc (CBZ)	Chandana
37	8660225352	Nidhi .S	I sem I year BA	Nidhi
38	9148963080	Rakshitha	III rd year BA	Rakshitha
39	9449004566	Sayaramu	III rd year BA	Sayaramu
40	9108653079	Santharalakshmi	III rd year BA (EP)	Santharalakshmi
41	7892672996	Sanathi .P	III rd year BA (EP)	Sanathi
42	7676371690	Dakshayini .P	III rd year BA (EP)	Dakshayini
43	8050268810	Nelakavasa .P	III rd year BA (H.K)	Nelakavasa
44	9019739807	Saniya saba	III rd sem BSc (PM)	Saniya

Sl	Name	Mobile NO	Course	Signature
45	Sukanya.D.T	8431622480	III Sem BSc (CB)	Sukanya.D.T
46	Vinayagandha	8618964088	IV Sem BSc (CB)	A Vinay
47	Poonthi.R	8088921117	III Sem BSc (CB)	Poonthi.R
48	Kathiyane	6362519651	I Sem BA 2yr	K
49	Diana.K	8861228747	III Sem B.Sc 2yr	Diana.K

17	Jyothi T.P	Assistant professor	Mathematics	Jy
18	Gayathri	Assistant professor	English	Gay
19	Dr. Nasirha Paerath Ras	Associate Professor	Physics	NP
20	Sreerath.R	Assistant professor	physics	Sreerath

Sl. No.	Name of the Faculty	Designation	Department	Signature
1.	Sonabai M	Asst prof	Chemistry	Sonabai
2.	Harshitha S	Asst prof	Psychology	Harshitha
3	Harisha M C	Asst professor	Kannada	Harisha
4.	Sunil Kumar	Asst. Prof	Mathematics	Sunil
5	H.K. Ragesh	FDA	office	H.K. Ragesh
6	Kantharaj H.	Asst. Professor	History	Kantharaj H.
7.	Shanthi B.	Asst. Professor	Economics	Shanthi
8.	Satyashree	Asst. Prof	Computer Science	Satyashree
09	CHANDRAKALY	Assistant Professor	Psychology	Chandrakaly
10	SUN M.H	Asst. Prof	Physics	SUN M.H
11.	Shreenidhi Bhat	Assistant Professor	Zoology	Shreenidhi
12	K.A. Shivanna	FDA	office	K.A. Shivanna
13.	Dr. Ramesha K.	Asst. Prof.	Economics	Ramesha
14.	Divya P	Assistant Professor	Political Science	Divya P.
15.	Dr. Lakshya A	Asst. Prof.	Economics	Lakshya
16.	Sathyappa Nayakem J	Asst professor	Botany	Sathyappa

Prof



ACHARYA PATHASALA COLLEGE OF ARTS AND SCIENCE

N.R. COLONY BENGALURU 560019

Website: apscollegeofartsandscience.com Email: apscollegeofartsscience@gmail.com

Telephone: 080-26603192

AFFILIATED TO BENGALURU CITY UNIVERSITY NAAC ACCREDITED – B+ GRADE

ANNUAL REPORT ON COUNSELLING SESSION GIVEN FROM SUMANA COUNSELLING CENTRE FOR THE ACADEMIC YEAR 2022-23.

Department of Psychology manages Sumana counselling centre which was established in the year 1995.

The objectives of the Sumana Counselling Centre are to develop new coping skills, improve results in academics, helps students to enhance emotional, social maturity and take critical decisions in their life and so on.

Sumana Counselling Centre offers services such as personal counselling, special education, adjustment problems related to academics, emotional, achievement learning and memory techniques.

The committee members for the academic year 2022-23 are as follows:

Harshitha S: Convenor

Chandrakala V: Member

Vasanti K: Member

The students are required to take prior appointments for the counselling session. The time and date or schedule for the same during working days.

This academic year 26 students of our college have taken the counselling. Around 29 sessions were done effectively (including follow-ups sessions).

Most of the students who took counselling had issues related to career, academics, loneliness, distraction, stress management, and family issues including peer group adjustmental problems, financial problem and so on.

The problems were discussed and students were guided to find solutions. The feedback work taken at the end of the session by the counselee.

The feedback responses are positive and appreciated by the counselee and expressed their gratitude.

Outcomes:

1. Gradual improvements in personal life as well as in academics.
2. Improved relationship with family members and with friends.
3. Counselees are able to do every activities without confusion and stress in daily life and able to manage their emotions towards self and others.


CONVENOR


PRINCIPAL 30/8/23
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2-12-2022

Minutes of Meeting 2022-23

A meeting was convened on 2/12/2022 in the Sumana Counselling Center. The following points were discussed.

- 1) Discussion on the problems of our clients & the kind of remedy/soluto therapy that can be given.
- 2) Appointments were scheduled & information was sent across.
- 3) Circular ^{to be} sent to the students.
- 4) Dates and rescheduled dates were discussed & informed to clients.

Members Present:

Harshitha.s
Convener.

Harshu

Chandrakala.V
Member.

Chandrakala V

Vasanti.K.
Member.

Vasanti

Geetha
PRINCIPAL
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5-4-2023

Minutes of Meeting 2022-23

On the above mentioned date, the meeting was convened in the Sumana Counselling Center.

The cases were discussed where the problems or the issues of the clients, kind of therapy to be given for clients.

feedback from client & client's family and follow ups required were discussed.

Members Present

Harshitha S
Convenor

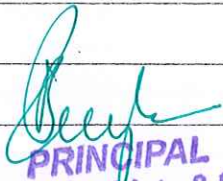
Barsha

Chandrakala V
Member

Chandrakala V

Vasanti K
Member

Vasanti


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Phone Office : 080-26603192



Acharya Pathasala College of Arts & Science

Narasimharaja Colony, Bangalore -560 019.

Dr.B.JAYASHREE, M.Sc., M.Phil.,Ph.D.,,

Principal -/c

No. APS/A&S /566/2022-2023

Date :20.12.2022

Circular

A meeting of the Health Club Committee is convened today, 20th Dec 2022 in Principal chamber at 3 pm. All the Health Club Committee members are requested to attend.

Agenda: To organize health check up for Girl Students

Divya P
(DIVYA P)
Convenor

Beefe
Principal 20/12/22

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Committee Members

1. Sona bai
2. Ashwini R
3. Dr.Raghavendra
4. Ragesh HK

Sona Bai

Ragesh HK

Beefe
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Acharya Pathasala College of Arts & Science
Narasimharaja Colony, Bangalore -560 019.

Website: apscollegeofartsandscience.com Email: apscollegeofartsscience@gmail.com

Dr.B.Jayashree M.Sc., M.Phil., Ph.D.
I/C Principal

No. APSAS / 594 / 2022-2023

Dated: 09 -01-2023

Circular

Health Club and Youth Red Cross Unit (YRC) has organized **Health Check Up, Cancer detection camp and Cancer Awareness talk** to girl students on **11.01.2023 at 10:30 am.**

All girl students are hereby informed to undergo Health checkup and cancer detection at health centre and to attend the Awareness talk at new seminar hall without fail.

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Principal
PRINCIPAL

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Health Check Up for Girls and Awareness Program

Date: 11. 01.2023

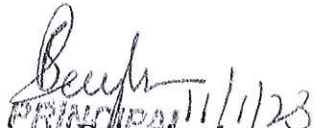
Time: 11:00 am

01.	Anchoring	Sumera, 3 rd Year B.Sc., Student
02.	Welcome	Sri. Sunil Kumar K, YRC Program Officer and HOD of Mathematics
03.	Inauguration by Watering the Plant	By all Dignitaries
04.	Introductory Note	Dr. B. Jayashree, Principal, APSAS
05.	Address by Doctor's	
06.	Presidential Address	Sri. A.R. Acharya, General Secretary, APSET
07.	Health Check Up Inauguration	By all dignitaries

Awareness Session

01.	Anchoring	Sri. Hareesha. M. C, HOD of Kannada and NSS Program Officer
02.	Invocation	
03.	Welcome	Shruthi. B, Asst. Professor, Dept. of Economics
04.	Inauguration by Watering the Plant	By all Dignitaries
05.	Resource Person Introduction	Dr. Raghavendra G L, Physical Education Director
06.	Awareness Presentation	Dr. Rekha Rajendra Kumar, MBBS
07.	Felicitation	By all Dignitaries
08.	Presidential Address	Dr. B. Jayashree, Principal, APSAS
09.	Vote of Thanks	Sri. Kantharaju. H, Asst. Prof. Dept. of History


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PRINCIPAL 11/1/23



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An IQAC Initiative
Health Center & YRC

In association with

**Lions Club of Bangalore Pride and
Karnataka Cancer Society**
organise

**HEALTH CHECK-UP FOR GIRL STUDENTS
and
Awareness Programme
on**

Preventive Measures on Breast and Cervical Cancer

By



Dr. Rekha Rajendrakumar

MBBS; MD; DNB; FICOG;
FICMCH; PGDMLE; MRCOG(1)

In the Presence of

Prof. K.P. Narasimha Murthy

President, APS Educational Trust

Sri. A.R. Acharya

General Secretary, APSET

Sri A. Muralidhara

Chairman, Governing Council, APSAS

Sri. B.A. Anantharam

Chairman, KCS

Sri. H.V. Suresh

President, KCS

Sri. K.C. Neelakanta

Hon. Secretary, KCS

Lion. Dr. Nagamani

President, LCB Pride

**On Wednesday the 11th January 2023 at 11.00 am
Venue : New Seminar Hall**

Smt. Divya. P
Convener, Health Club

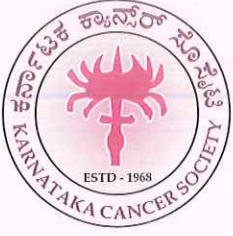
Sri. Sunilkumar. K
Convener, YRC

Dr. B. Jayashree
Principal

All Girl Students & Ladies Staff are Cordially Invited

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Karnataka Cancer Society (Regd)

Karnataka Societies Act Regd No. : S105 / 68-69

#1308, 11th B Cross, Vyalikaval, Malleswaram, Bengaluru - 560003

Ph: 080-23448534 ; Mob: 7019036529, Email: kcs2008@rediffmail.com ; Website: karnatakacancersociety.org

President

Mr. H.V.Suresh

Ph: 9886417272

IMM Past President

Dr. C.K.A.N. Sastry

Vice Presidents

Dr. Trupthi Kulkarni

Mrs. Madhura Ashok Kumar

Mr. M.N.Gundu Rao

Secretary

Mr. K.C. Neelakanta

Ph: 9480164024

Joint Secretaries

Mrs. R. Nagarathna

Dr. C.A Kishore

Mr. P. Unnikrishnan Nair

Hon. Treasurer

Mr. B. Venkatesh

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Dr. Albert David C.

Mr. H.R. Ramaprasad

Mr. M Narasimha Murthy

Mr. K.V. Bhaskar Murthy

Mr. G.V. Srikanth

Mr. Veerappa K.

Mr. G. Somashekhar

Mr. C. Shyamsundar

Mr. Ganesh Krishnamurthy

Internal Auditor

Mr. A.A.Gupta

KCS/AT-36/2022-23

Date: 5/01/2023

To,

The Principal,

APS ARTS & SCIENCE COLLEGE

BASAVANAGUDI, B'LORE-4.

Dear Sir/Madam,

Sub: Cancer Awareness talks to Students.

Karnataka Cancer Society (KCS) is a NGO started in the year 1968 by a group of philanthropists and eminent doctors solely to render service to humanity in the field of Cancer, and celebrated Golden Jubilee recently to render service to humanity in the field of cancer detection, prevention and awareness to the public. We have Completed 54 years of service to mankind in the field of Cancer detection and celebrated Golden Jubilee recently.

To enhance awareness and Improve Early Detection of Cancer, we have been conducting Awareness Talks and Cancer Detection Camps (Cervical, Breast and Oral) in various places all over Bangalore and other parts of Karnataka.

In line with our Commitment to spread awareness, we request you to help us organise a talk by our eminent doctor team to your students, Family Members and Teaching Staff of Your College on a Mutually Convenient date.

We look forward for a minimum hospitality to be provided for our doctors & supporting team. A line of Confirmation from your end will be highly appreciated.

Please feel free to call us for any query/clarifications.

Thanks and Regards

Yours Sincerely

For Karnataka Cancer Society®

Mr.K.C.Neelakanta

Hon. Secretary

Ph: 9480164024

Mr. K N Shivaprakash
Programme Co Ordinator

Ph: 9844133081

To
Convener
Health checkup
5/1/23

Cancer is curable

if

detected early

APS COLLEGE OF ARTS AND SCIENCE

REPORT ON HEALTH CLUB

Acharya Pathasala College of Arts and Science Organized Health Check up Camp for girl students and awareness programme on preventive measures on breast and cervical cancer as an initiative of IQAC, Health center and YRC in association with Lions club of Bangalore Pride, Karnataka Cancer Society on 11-01-2023, Wednesday.

The health checkup programme started at 10.30 am at Narmada bai auditorium. The programme was anchored by Ms Sumera, of final year BSc, and Mr Sunilkumar, HOD, Dept of Mathematics, Convenor, YRC welcomed all the dignitaries. AR Acharya, General Secretary, APSET and the dignitaries inaugurated the program by watering the plant. Principal Dr B Jayashree gave an introductory talk and highlighted the benefits of health check up conducted in our college every semester especially for girl students, as few students had low Hb count. This has helped students, as they could take remedial medicines. Madam advised girls to maintain healthy life style and get routine health check up done.

Dr Medha Medini, MBBS, CARI (Central Ayurveda Research Institute) Central Council for Research in Ayurvedic Sciences, Ministry of AYUSH, Govt. of India addressed the gathering starting with Sanskrit proverb and expressed her opinion about being healthy and importance of Ayurvedic medicines in maintaining health. Lion Dr Nagamani, President LCB Pride spoke about women's health and benefits of health check up camps as these.

AR Acharya General Secretary, APSET gave presidential speech and said those who have good practice of eating nutritious food will have no diseases. Sir advised to take preventive measures to stay healthy.

This was followed by health check up for girl students in the college health centre. girl students registered their names in the registration forms, and underwent health and cancer checkup. Those suffering from anemia, physical weakness, and low Hb count were given free medicines.

In the afternoon session at 12:30 p.m. a Presentation on awareness of preventive measures of breast and cervical cancer was held. The program was anchored by Mr Hareesha MC HOD, Department of Kannada. The program began with invocation by Mrs Bhageerathi, HOD Department of music. All the dignitaries and gathering were welcomed by Ms Shruti.B faculty, Department of Economics. The dignitaries inaugurated the program by watering the plant.

Dr Raghavendra, Physical Education Director introduced the resource person Dr Rekha Rajendra Kumar, MBBS MD, DNM, FICOG, FICMCH, PGDMLE, MRCOG(1). The resource


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person Dr Rekha Rajendra Kumar delivered a talk on breast cancer and cervical cancer, and said that breast cancer is a hereditary disease, and not infectious and can be due to psychological mind set also. Appearance of any lump or pain in the breast should be observed and she advised to visit doctor without hesitation and also informed about mammogram the best X-Ray test to detect the early signs of cancer and advised not to go for self treatment.

Doctor gave basic information about cervical cancer and said it causes at cervix, a lower narrow part of the uterus. Healthy Cells get infected by virus and she explained the difference between normal and cancer tumor, and about symptoms of cervical cancer, and also about different stages. If detected in early stages it can be prevented and cured. To prevent cervical cancer vaccination is recommended for all adolescents as a part of their routine vaccines and concluded by mentioning few precautionary measures and in the interactive session Dr. Rekha Rajendra Kumar clarified the queries of staff and students

Dr Rekha Rajendra Kumar was honored by our Principal Dr B. Jayashree. The whole team of Lions Club of Bangalore Pride honored our Principal Dr. B Jayashree for her initiative and support in organizing this program. Principal thanked Lions Club of Bangalore Pride and Karnataka Cancer Society team for their kind corporation in organizing the health checkup camp successfully. Madam complimented conveners of Health Club and YRC Unit, Staff, and volunteers for their support and students for their enthusiastic participation. The program concluded by rendering of vote of thanks by Mr Kantharaj, HOD, Department of History. About 100 girl students and lady staff member of college underwent health checkup and also attended the programme. *A positive feedback was received.*

B. Jayashree 13/1/2023

PRINCIPAL

**APS College of Arts & Science
N.R. Colony, Bangalore-560 019,**

APS College of Arts and Science

N.R. Colony, Bengaluru -560019.

Health Checkup & Awareness Programme Photos

On 11th January 2023



ವಿಶ್ವವಾಕ್ಯ DT. 14.1.2023

ಆರೋಗ್ಯ ತಪಾಸಣೆ, ಸ್ವನ-ಗರ್ಭಕಂಠದ ಕ್ಯಾನ್ಸರ್ ಕುರಿತು ಜಾಗೃತಿ



ಬೆಂಗಳೂರು
 ಆಹಾರ್ಮಾ ಪಾಠ ಶಾಲಾ ಶಾಲೆ ಮತ್ತು
 ವಿದ್ಯಾರ್ಥಿ ಕಾಲೇಜಿನ ಐಕ್ಯತೆ, ಆರೋಗ್ಯ
 ಕೇಂದ್ರ ಮತ್ತು ವೈಆರ್‌ಸಿ ವತಿಯಿಂದ
 'ಲಯನ್ಸ್ ಕ್ಲಬ್' ಆಫ್ ಬೆಂಗಳೂರು
 ಪ್ರೈಡ್ ಕರ್ನಾಟಕ ಕ್ಯಾನ್ಸರ್ ಸೋಷಿಯಲ್
 ಸಹಯೋಗದೊಂದಿಗೆ "ವಿದ್ಯಾರ್ಥಿನಿಯರ
 ಆರೋಗ್ಯ ತಪಾಸಣೆ ಹಾಗೂ
 ಸ್ವನ ಮತ್ತು ಗರ್ಭಕಂಠದ ಕ್ಯಾನ್ಸರ್
 ತಡೆಗಟ್ಟುವ ಕ್ರಮಗಳು" ಎಂಬ ಏರ್ಪಾಡು
 ಅಡಿಯಲ್ಲಿ ಜಾಗೃತಿ ಕಾರ್ಯಕ್ರಮವನ್ನು
 ನಡೆಸಲಾಯಿತು.

ಸುಮಾರು 100ಕ್ಕೂ ಹೆಚ್ಚು
 ವಿದ್ಯಾರ್ಥಿನಿಯರಿಗೆ ಬಿ.ಪಿ. ಶುಗರ್,
 ಹಿಮೋಗ್ಲೋಬಿನ್ ಪ್ರಮಾಣ ತಪಾಸಣೆ
 ಮಾಡಿ, ಅಯುರ್ ಸಚಿವಾಲಯದ
 ಆಯುರ್ವೇದ ಸಂಶೋಧನಾ
 ಸಂಸ್ಥೆಯಿಂದ ಡಾ|| ಶೇಖರ್ ಸೇವ್‌ದಿನಿ
 ಅವರು ತಮ್ಮ ತಂದೆಜೊಂಟಿಗೆ
 ಪಾಲ್ಗೊಂಡು ಅವರವಿರುವ
 ರಿಪಬ್ಲಿಕ್‌ನಿವಾಸವನ್ನು ಉಚಿತವಾಗಿ
 ನೀಡಿದರು. ಇವರೊಂದಿಗೆ ಈ
 ಕಾರ್ಯಕ್ರಮಕ್ಕೆ ವಿಶೇಷ ಉಪನ್ಯಾಸ
 ನೀಡಲು ಡಾ|| ರೇಖಾ ರಾಜೇಂದ್ರ
 ಕುಮಾರ್ ಅವರು ಆಗಮಿಸಿ
 ವಿದ್ಯಾರ್ಥಿನಿಯರಿಗೆ ಈ ಅಧುನಿಕ
 ಜೀವನದಲ್ಲಿ ಮಹಿಳೆಯರಿಗೆ ಸ್ವನ ಮತ್ತು

ಸಂವಹನ ನಡವಣಿಗೆ ಮೂಲಕ ಪರಿಹಾರ
 ಕಂಡುಕೊಳ್ಳಬೇಕೆಂದು ಫೈರ್
 ತುಂಬಿದರು. ಕ್ರಿತಿವರ್ಷಕ್ಕೆ ಹೆಣ್ಣು
 ಮಕ್ಕಳ ಆರೋಗ್ಯದ ಬಗ್ಗೆ ಸಂಸ್ಥೆಯು
 ಕೈಗೊಳ್ಳುತ್ತಿರುವ ಜಾಗೃತಿಯ ಹೆಜ್ಜೆಗಳ
 ಬಗ್ಗೆ ಮಾತನಾಡಿ, ಈ ಹೊತ್ತಿನ ಬದುಕಿನಲ್ಲಿ
 ಸ್ತ್ರೀಯರು ಮುಕ್ತವಾಗಿ ಪರಿಶೀಲಿಸಲ್ಪಡುವ
 ರೋಗಗಳಲ್ಲಿ ಸ್ವನ ಕ್ಯಾನ್ಸರ್ ಸಹ
 ಒಂದಾಗಿದೆ. ಹಾಗಾಗಿ ರೋಗಿ ಮಕ್ಕಳು
 ಮುನ್ನೆಡ್ಡರಿಕೆಯನ್ನು ಮನವರಿಕೆ ಎಂದು
 ತಿಳಿಸಿದರು. ಹಾಗೆಯೇ ಪೂರ್ವದಲ್ಲಿಯೇ
 ರಿಪರ್ಟ್‌ಗಳನ್ನು ತೆಗೆದುಕೊಳ್ಳುವ ಮೂಲಕ
 ಈ ರೋಗವನ್ನು ನಿವಾರಿಸಲಿಸೆ

ಮಾಡಬೇಕೆಂದು ವಿದ್ಯಾರ್ಥಿನಿಯರಿಗೆ
 ಕಲಿಸಿಟ್ಟರು. ಇಲ್ಲಿ ಪದವಿಪಾಠ
 ಜಾಗೃತಿಯ ಕ್ರಮಗಳನ್ನು ನಿಮ್ಮ
 ಕುಟುಂಬದ ಹೆಣ್ಣು ಮಕ್ಕಳಿಗೆ
 ತಿಳಿಸಿಕೊಡಬೇಕೆಂದರು.
 ಈ ಕಾರ್ಯಕ್ರಮಕ್ಕೆ ಎ.ಪಿ.ಎಸ್. ಶಿಕ್ಷಣ
 ದತ್ತಿ ಮತ್ತು ಪ್ರೊ. ಕೆ.ಪಿ. ನರಸಿಂಹ ಮೂರ್ತಿ
 ಅಧ್ಯಕ್ಷರು, ಎ.ಆರ್. ಅಚಾರ್ಯ, ಪ್ರಧಾನ
 ಕಾರ್ಯದರ್ಶಿ, ಎ. ಮುರುಳೀಧರ
 ಬೆರ್ರೆಲ್ ಗವರ್ನಿಂಗ್ ಸೌನಿಲ್, ಮತ್ತು
 ಲಯನ್ಸ್ ಕ್ಲಬ್‌ನ ಲಯನ್ ಡಾ||
 ನಾಗಮಣಿ ಟಿ.ಆರ್ ಅಧ್ಯಕ್ಷರು ಇವರು
 ಉಪಸ್ಥಿತರಿದ್ದರು.

ಗರ್ಭಕಂಠದ ಕ್ಯಾನ್ಸರ್ ಕಾಲೇಜಿಯರ ವರ್ತಿಸಿ
 ಇದಕ್ಕೆ ಮಾದರೀಕರಣದ ಮುನ್ನೆಡ್ಡರಿಕೆ
 ಕ್ರಮಗಳ ಬಗ್ಗೆ ತಿಳಿಸಿಕೊಟ್ಟರು.
 ಹಾಗೆಯೇ ಈ ಕ್ಯಾನ್ಸರ್ ರೋಗಿಗಳನ್ನು
 ಪಂಚಗಳನ್ನು ತಿಳಿಸಿ ಹದಿಹರಿಯದ ಹೆಣ್ಣು
 ಮಕ್ಕಳು ಹೇಗೆ ಮುಂಚಾಗುತ್ತೆ ಕ್ರಮಗಳನ್ನು
 ಕೈಗೊಳ್ಳಬೇಕು ಎಂದು ತಿಳಿಸಿಕೊಟ್ಟರು.
 ಕ್ಯಾನ್ಸರ್ ಅನ್ನುವುದು ಮಹಿಳೆಯರ
 ರೋಗವೇನು ಅಲ್ಲ, ಫಯರ್‌ತರಾಣವ
 ಅವಶ್ಯಕತೆಯೂ ಇಲ್ಲ, ಬಂದದ ಸಹ
 ಹೇಗೆ ನಿವಾರಿಸಿಕೊಳ್ಳಬೇಕು, ಇದೊಂದು
 ವಿಷಯ ಸಹ ಅಲ್ಲ, ಬಂದಂತಹ
 ಮಹಿಳೆಯರನ್ನು ಅನ್ಯತಾ ಭಾವಿಸದೆ

ಅವರೊಂದಿಗೆ ಸಹಪಾಠಿಯಾಗಿ ವರ್ತಿಸಿ
 ಫೈರ್ ತುಂಬಬೇಕೆಂದು ಅತ್ಯಂತ
 ತುಂಬಿದರು. ತಡೆಗಟ್ಟುವ ಕ್ರಮಗಳು,
 ಲಸಿಕ್ ತಪಾಸಣೆ, ಸ್ವಯಂ ಪರೀಕ್ಷೆ
 ಇತ್ಯಾದಿಗಳ ಅರಿವು ಮೂಡಿಸಿದರು.
 ಕಾಲೇಜಿನ ಪ್ರಾಂಶುಪಾಲರಾದ ಡಾ. ಬಿ.
 ಜಯಶ್ರೀ ಅವರು ವಿದ್ಯಾರ್ಥಿನಿಯರನ್ನು
 ಉದ್ದೇಶಿಸಿ ಮತ್ತು ಕಾರ್ಯಕ್ರಮದ
 ಮೌಲ್ಯವನ್ನು ತಿಳಿಸಿ ವಿದ್ಯಾರ್ಥಿನಿಯರು
 ತಮ್ಮ ಯೋಗ್ಯತೆಯ ಬಗ್ಗೆ ಮುಕ್ತವಾಗಿ,
 ಫೈರ್‌ವಾಗಿ ತಮ್ಮ ಯಾವುದೇ
 ಬಗ್ಗೆದ ಸಮಸ್ಯೆಗಳನ್ನು ಅಳುಕಿಲ್ಲದೆ
 ವ್ಯಕ್ತರೊಂದಿಗೆ ಮತ್ತು ಪೂರ್ವರೊಂದಿಗೆ



Acharya Pathasala College of Arts & Science

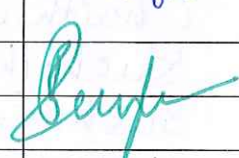
Narasimharaja Colony, Bangalore -560 019.

Health Check up for Girl Students Student Attendance List

Name of the programme : Awareness programme on preventive
Measures of breast and cervical Cancer

Date: 11.01.2023

Sl. No.	Name of the Student	Course	Signature
1	Manasa.K	I st sem BCA	Manasa
2.	Kathyayini. L	I st sem BA	Kathyayini
3.	Anusha.M.N	I sem BCA	Anusha
4.	Ruchitha.G	I st sem BCA	Ruchitha
5.	Sandya. Y	I st sem BCA	Sandya.Y
6.	Lakshmi. T	I st sem BCA	Lakshmi.T
7.	Meghashree. R	I st sem BCA	Meghashree.R
8.	Meghana.A	IV sem BCA	Megha
9.	Reethiba. R	V sem BCA	Reethiba
10.	Shwetha.N	I st sem BA	Shwetha.N
11.	Saniya Saba	III sem BSc	Saniya
12.	Sonu.R	III sem BSc	Sonu.R
13.	VASUNIRA.P	III sem BSc	Vasunira.P
14.	Wiana.K	III sem BSc	Wiana.K
15.	Sushela	IV sem DSC	Sushela
16.	Nalini.G	III sem MA	Nalini.G
17.	Priya.P	III sem MA	Priya
18.	Poojara.M	III sem MA	Poojara
19.	Sourdayya	IV sem MA	Sourdayya
20.	Thareen Taj	IV sem MA	Thareen
21.	Chaitra MR	III Year Bsc	Chaitra
22.	Suchithra S	III Year Bsc	Suchithra
23.	Sushmitha	III year Bsc	Sushmitha
24.	Meghana.G	I st sem BA (E.P)	Meghana
25.	Meghana.P.S	I st BA (E.P)	Meghana
26.	Arishta.J	I st BA (B.P)	Arishta
27)	Priya.K	I st MA	Priya.K
28)	Pooja.G	I st MA	Pooja

Sl. No.	Name of the Student	Course	Signature
29.	Poornima. M.	I st sem, BCA	Poornima. M
30.	Nidhi - S	1 st sem, BA	Nidhi - S
31	Roopa. K	I st Sem BCA	Roopa
32	Pallavi. A	I st Sem BCA	Pallavi
33	Pranathi Betageri	I st Sem BCA	Pranathi
34	Fanya. H	I st Sem BCA	Fanya
35	Preeti. R	III Sem BSc [CB]	Preeti
36	Vinnyasari. A	III Sem Bsc [CB]	A. Vinny
37.	Sukanya. D. J	III Sem Bsc [CB]	Sukanya. D. J
38.	Jyothika. G	V Sem BCA	Jyothika
39.	Tejaswini. M	V sem BCA	Tejaswini. M
40.	Vaishnavi. K. V	IV sem BCA	Vaishnavi
41.	Rakshitha	III year B.A. HEP	Rakshitha
42	Ranjitha	III year B.Sc (PCM)	Ranjitha
43	Ashwini Hottli	IV year B.Sc (PCM)	A-S. Hottli
44.	Pooja. R	III year B.Sc (PCM)	RR
45	Sandhya. G	III year B.Sc [CB]	Sandhya
46	Dhanusha. R	III year B.Sc [CB]	Dhanusha
47	Kruthika	III year 2 Sem (CB)	Kruthika
48	KOUSAZYA	III year 2 sem (CB)	Kousalya.
49	Soundarya. A	III year, V Sem (B.D)	Soundarya
50	Sindhu H	III year B.A	Sindhu H
51	Dalashayini. R	III year II sem BA	Dalashayini
52	Saritha Kumari - B	III rd year 5th sem	Saritha
53	Amrutha. K.	III Sem BCA	Amrutha Shantik
54	Chandana. B.M.	III Sem BCA	Chandana
55	Sushmitha. B.T	III Sem BCA	Sushmitha B.T
56	Shravya. N	III Sem BCA	Shravya N
			
			PRINCIPAL
			APS College of Arts & Science
			N.R. Colony, Bangalore-560 049

Acharya Pathasala College of Arts & Science

Narasimharaja Colony, Bangalore -560 019.

Health Check up for Girl Students

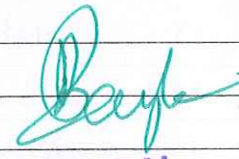
Student Feed Back

Name of the programme : Awareness programme on preventive Measures of breast and cervical Cancer

Date: 11.01.2023

Sl. No.	Name of the Student	Feed Back	Signature
1	Manasa K	Good	Manasa
2	Kaathyayini . L	Nice	Kee
3	Anusha . M . N	Good	Anusha
4	Ruchitha . G	Good	Ruchitha . G
5	Sandya . Y	Good	sandya . y
6	Lakshmi . T	Nice	Lakshmi . T
7	Meghashree . R	Good	Meghashree . R
8	Meghana . A	Informative & Helpful	Meg
9	Prathiba . R	It was very	Prathiba . R
10	Shwetha . N	useful	Shwetha . N
11	Saniya Saba	very Good	Saniya
12	Sonu . R	Nice	Sonu . R
13	JASUNDR . P	very useful	Jasundra . P
14	Wiana . K	Useful	Wiana . K
15	Sushula	Good	Sushula
16	Nalini . G	Good	Nalini . G
17	Priya . P	Good	Priya
18	Poojamma . M	useful	Poojamma
19	Soujanya	Good	Soujanya
20	Tareen Tej	Good	Tareen
21	Chaitra M R	Good	Chaitra
22	Suchithra S	Good	Suchithra
23	Sushmitha S	Good	Sushmitha
24	Meghana . G	Nice	Meghana
25	Meghana . P . S	Good	Meghana
26	Anisha . J	v. Good	Anisha
27	Pallavi . A	Informative	Pallavi

Sl. No.	Name of the Student	Feed Back	Signature
28.	Nidhi S	Good	Nidhi S
29	Preethi R	Good & Helpful	Preethi R
30	Vinnyagani A	useful.	A. Vinny
31.	Sukanya D.T	Nice	Sukanya D.T
32.	Jyothika G	Useful	Jyothika
33	Tejaswini M	Useful	Tejaswini M
34	Vaishnavi K.V.	Useful	Vaishnavi K.V.
35	Rakshitha	Good	Rakshitha
36	Ranjitha A.M.	Good	Ranjitha
37.	Ashwini Hothi.	Good	A.S. Hothi
38	Pooja R.	Helpful	Pooja R.
39	Sandhya G	Helpful & Good	Sandhya G
40	Dhanusha R	Good	Dhanusha R
41	KOUSALYA	Helpful & info	Kousalya
42	KRUTHIKA	Good	Kruthika
43	Soundarya A	Helpful	Soundarya
44	Sindhya M	Useful	Sindhya M
45	Dakshayini R	Good	Dakshayini R
46	Geetha Kumari B	Useful	Geetha
47	Shravya N	Good	Shravya N
48	Sushmitha BT	useful	Sushmitha B.T
49	Amrutha	Good	A. Amrutha
50	chardana	useful	Chardana


PRINCIPAL
 APS College of Arts & Science
 N.R. Colony, Bangalore-560 019.

Acharya Pathasala College of Arts & Science

Narasimharaja Colony, Bangalore -560 019.

Health Check up for Girl Students Student Attendance List

Name of the programme : Awareness programme on preventive
Measures of breast and cervical Cancer

Date: 11.01.2023

Sl. No.	Name of the Student	Course	Signature
1.	Pinti kumari - R	BA (SEDSy)	Pinti kumari - R
2.	Nishwarya - S	BA (sem Psy.S)	Nishwarya - S
3.	Shafiya Kousar	BA (1 st Sem Psys)	Shafiya Kousar
4.	Rashika . N	BA (1 st Sem psy.s)	Rashika . N
5.	Shivaranjini . P	BA (1 st Sem (m. psz)	Shivaranjini . P
6.	Jannayal . N.	BAL (1 st Sem [Psy.S])	Jannayal . N.
7.	Sandhya . V	B.A [3 rd Sem] H.K	Sandhya . V
8.	Jayashree . R	B.A [3 rd Sem] PPSY	Jayashree . R
9.	Hemavathi . R	B.A [3 rd Sem] H.K	Hemavathi . R
10.	Santhana lakshmi . K	B.A [3 rd Sem] H.K	Santhana lakshmi . K
11.	Nehakwasa . P	BAL [3 rd Sem] H.K	Nehakwasa . P
12.	Pooja . V	BA (I year (HK))	Pooja . V
13.	Niveditha . M	BA (I year (HK))	Niveditha . M
14.	Nirosha . G	BA (I year (HK))	Nirosha . G
15.	Dhanalakshmi . N	BA (I year (HK))	Dhanalakshmi . N
16.	Vasantha Bai G.R	BA (I year (H.P))	Vasantha Bai G.R
17.	Sowbhagya . D	BA (I sem year) (HP)	Sowbhagya . D
18.	Arusha . G	BA I Sem (H.K)	Arusha . G
19.	Ashwini . S	BA I Sem (Psy.S)	Ashwini . S
20.	Seetha . S	BA I Sem (H.K)	Seetha . S
21.	Aishwarya . B	BA I sem (H.K)	Aishwarya . B
22.	Annapoorna . L	BAC I Sem (HK)	Annapoorna . L
23.	Preiya . N	BCA I Sem	Preiya . N
24.	Dhanushree . P.K		Dhanushree . P.K
25.	Prakruthi . P		Prakruthi . P
26.	Sanyama . N.J		Sanyama . N.J
27.	Rochitha . D		Rochitha . D
28.	Amrutha . K	BCA III Sem	Amrutha . K

Acharya Pathasala College of Arts & Science

Narasimharaja Colony, Bangalore -560 019.

Health Check up for Girl Students Student Feed Back

Name of the programme : Awareness programme on preventive
Measures of breast and cervical Cancer

Date: 11.01.2023

Sl. No.	Name of the Student	Feed Back	Signature
1.	Pinki Kumari R	Nice	Pinki Kumari R
2.	Nishwarya S	Nice	Nishu
3.	Shajiya Kousar	Nice programme	Sh
4.	Rashika N	Good program	Rashika
5.	Shivaranjini P	helping.	Sh
6.	Tanmayee N	Needful information	Tanmayee
7.	Sandhya V	Good	Sh
8.	Jayashree R	Nice	Sh
9.	Hemavathi R	Good	Hema
10.	Santhana Lakshmi K	Good	Santhanalakshmi K
11.	Shalini N	Good	Sh
12.	Sharada T	Good	Sh
13.	Symathi R	Good	Sh
14.	Nehakawasa P	Good	nehakawasa P
15.	Dhandalakshmi N	Needful information	D
16.	Niveditha M	Needful information	N
17.	Pooja V	Needful information	P
18.	Nirosha G	Needful information	N
19.	Ashwini S	Good	A
20.	Anusha G	Nice	Anu
21.	Soubhagya D	Nice	S
22.	Vasanth Bai G R	good	V
23.	Annapoorna L	good	Annapoorna L
24.	Nishwarya G	good	N
25.	Sunitha S	good	S
26.	Rochitha D	Good	Rochitha
27.	Sanjana N J	Useful	Sanjana
28.	Dhanushree P K	Useful	Dhanushree

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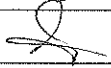

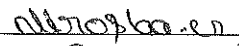




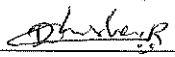
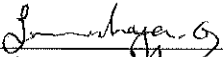
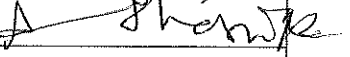

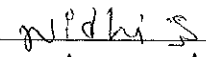
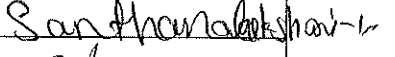
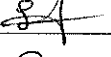

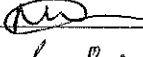
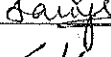
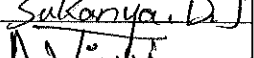
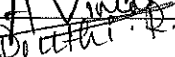



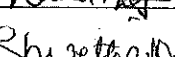

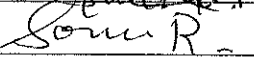






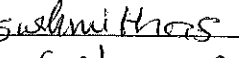
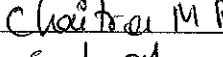
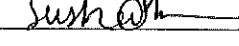

Health Check up for Girl Students

Attendance List

Name of the programme : Health Check Up

Date: 11.01.2023

Sl. No.	Name of the Student	Course	Signature
1	Tejaswini	III rd B.A 5 th sem	[Signature]
2	Saaritha Kumari B	III rd BA 5 th sem	[Signature]
3	Sindhu-H-	III B.A 5 th sem	Sindhu-H
4	Soundarya. A	IV BA 5 th sem	[Signature]
5	Dhanalakshmi D.B	III B.S. 5 th sem	[Signature]
6	Sunura M.C	IV B.Sc I st	[Signature]
7	Seetha. M	IV BA HEK	[Signature]
8	Renuka. B	III BA HEK	[Signature]
9	Dhanusha. Dh	IV BA HEK	[Signature]
10	Soundarya. S	II MA	[Signature]
11	Therese Thay	II MA	[Signature]
12	Poonima. M	"	[Signature]
13	Pavithra	I st B.A	[Signature]
14	Harshitha. E	II year B.A	Harshitha. E
15	Mythraj	II year B.A	Mythraj.
16	Kavyashree. C	II year B.A	Kavyashree. C
17	Govithami. C	II year B.A	Govithami. C
18	Varantia. P. R	II year B.A	Varantia. P. R
19	Shandy Thomas	IV year B.A	[Signature]
20	Vinutha. M	IV year B.A	[Signature]
21	Neeraja. R	IV year B.A	[Signature]
22	Neha. R	III year B.A	[Signature]
23	Sneha. B	II year B.A	Sneha. B
24	Indhu Shree. N	II year B.A	Indhu
25	Harshitha. R	" "	Harshu
26	manjula. T	" "	manju
27	Yasharika.	" "	Yasharika
28	Shravya N Prasad	" "	Shravya N Prasad

Sl. No.	Name of the Student	Course	Signature
29	Sandhya. V	B.A [H.K.]	
30	Hemavathi. R	B.A [H.K.]	
31	Nirogla. en	B.A II year (HK)	
32	Dhanalakshmi. N	BA II year (HK)	
33	Jayashree. R	BA I year (spsy)	
34	Pooja. V	B.A I year (H.K.)	
35	Niveditha. M	B.A I year (H.K.)	
36	Dhanusha. R	B.Sc III year (BZ)	
37	Sandhya. G	B.Sc III year (BZ)	
38	Amrutha. M. K	BCA I sem	
39	Chandana. B.M	BCA I sem	
40	Nidhi. S	BA I sem Year	
41	Santhana. lakshmi. K	BA III year (H.K.)	
42	Sumathi. R	BA III year (H.K.)	
43	Devasrayini. R	B.A III sem II year (H.K.)	
44	Nehakal. Sae. P	BA III sem (HK)	
45	Suniya. Saba	B.Sc III sem (PM)	
46	Sukanya. D. J	B.Sc III Sem (CB)	
47	Vinny. P. A	B.Sc III Sem (CB)	
48	Preethi. R	B.Sc III Sem (CB)	
49	Kathya. L	BA I year I sem	
50	vasantha Bai. C.R	BA I year I sem	
51	Diana. K	B.Sc I year III sem	
52	Shwetha. N	B.A I st year I sem	
53	VASUNDRA. P	B.Sc III sem	
54	Sonu. R	B.Sc III sem	
55	Nalini. G.	MA III sem	
56	Pooja. P.	MA 2 nd Year	
57	Pooja. K.	MA I st Year	
58	Paroma	MA I st Year	
59	Ashwarya. G	HK I st year	
60	Suchithra. S.	III Year B.Sc	
61	Sushmitha. S	III Year B.Sc	
62	Chaitra. M.R	III Year B.Sc	
63	Sushala. Bai.	III year B.Sc	

Acharya Pathasala College of Arts & Science

Narasimharaja Colony, Bangalore -560 019.

Health Check up for Girl Students

Attendance List

Name of the programme : Health Check Up

Date: 11.01.2023

Sl. No.	Name of the Student	Course	Signature
64	Sughmitha B.T	III rd BCA 3 rd sem	Sughmitha B.T
65	M. Muskan	III rd BSc 5 th sem	M. Muskan
66	KOUSALYA	III rd BSC (CBZ) V	Kousalya
67	KRUTHIKA M.R	III rd BSC (CBZ) V	Kruthika
68	Pinki kumar - R	III rd D. A (S.E.P.S) V	Pinki kumar R
69	Shivarajjini . R	2 nd BA (C.M. P.S.Y)	Sh
70	Rashika . N	II nd BA (S. PSY)	Rashika . N
71	Tanmayee . N	I st BA [S, Psy]	Tanmayee . N
72	Shishwarya . S	I st BACS . Psy)	Shishu
73	Shajiya Kumar	I st BA (S.P.S.Y)	Sh
74	Lakshmi . T	I st BCA	Lakshmi . T
75	Pallavi . A	I st sem BCA	Pallavi . A
76	Roopa . K	I st sem BCA	Roopa . K
77	Poojamma . M	I st sem BCA	Poojamma . M
78	Manasa . K	I st sem BCA	Manasa
79	Ruchitha . G	I st sem BCA	Ruchitha . G
80	Sandya . Y	I st sem BCA	Sandya . Y
81	Sathya . P	II nd year BA	Sathya
82	Hemalatha . M	IV th year BA	Hemalatha . M
83	Bhavani . T	III rd year BA	Bhavani . T
84	Hareetha . M	II nd year BSC	Hareetha . M

Deepa 11/1/23

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APS College of Arts & Science
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Acharya Pathasala College of Arts & Science

Narasimharaja Colony, Bangalore -560 019.

Health Check up for Girl Students

Feed Back

Name of the programme : Health Check Up

Date: 11.01.2023

Sl. No.	Name of the Student	Feed Back	Signature
1.	Sindhu.H.	Usefull	Sindhu.H.
2.	Soundarya .A	Usefull	Sid.
3.	Tejaswini	Good	
4.	Thanalakshmi	helpful	Sud
5.	Sumra MC	helpful	Sud
6.	Renuka .B	usefull	Renu.
7.	Saathi .M	usefull	So
8.	Thara Vaj	helpful.	Vaj
9.	Abhaya	Nice v.v.	
10.	Kavyashree .C	good	(K)
11.	Gowthami .C	usefull	Gowthami
12.	Poojima .M	Good	P.J.
13.	Soundarya.	"	Soundarya
14.	Thara Vaj	"	Thara
15.	Harshitha .E	Useful	Harshitha
16.	Saithakumari-B	v. good	Sud
17.	Mythra .J	usefull	Mythra .J
18.	Nelke .R	v. good	Nelke
19.	Nelke .R	v. good	Nelke .R
20.	Vasanthi .P.R	v. Good	vasanthi-PR
21.	Sushree's Staff	v. Good	Sushree
22.	Vinutha .M	use full	Vinutha
23.	Summa .p .office.	Good Good	Summa .p
24.	Padmavathi	Good	Padmavathi
25.	shravya N	good	shravya N
26.	Manjula .T	Good	Manjula
27.	Indhushree .N	useful	Sud
28.	Sneha .B	useful	Sneha .B

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APS College of Arts & Science
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Sl. No.	Name of the Student	Feed Back	Signature
29	Yashavika.G	Good	Yashavika.G
30	Shandy Thomas	Good	Shandy
31	Sugumitha B.T	NICE	Sugumitha B.T
32	Harshitha.R	Good	Harshitha.R
33	M. Muskan	Excellent	M. Muskan
34	Shruthi's M. (Offic)	well done	Shruthi's M.
35	KOUSAYA	Help full.	Kousaya
36	V. Rangayya OT	Good	V. Rangayya
37	Shivarajini.P	Helping.	Shivarajini.P
38	Pinki kumar.R	wonderful	Pinki kumar.R
39	Vasanth (N. Staff)	Good	Vasanth
40	Shajiya Kousar	Benificial	Shajiya Kousar
41	Aishwarya.S	wonderfull	Aishwarya.S
42	Rashika.N	very helpful	Rashika.N
43	Kruthika R. R	good	Kruthika R. R
44	Tannayee.N	Helpful	Tannayee.N
45	Roopa (N. Staff)	Good	Roopa
46	Nirosha.en	nice	Nirosha.en
47	Hemavathi.P.	Nice	Hemavathi.P.
48	Jayashree.R	Help full	Jayashree.R
49	Pooja.V	Help full	Pooja.V
50	Niveditha.M	Help full	Niveditha.M
51	Sandhya.V	Help full	Sandhya.V
52	Amsudhe	Good	Amsudhe
53	Rakshitha	good	Rakshitha
54	Dhanalakshmi.N	good	Dhanalakshmi.N
55	Dhanusha.R	good and helpful	Dhanusha.R
56	Nidhi.S	Very. Good	Nidhi.S
57	Chandana. B.M.	Good	Chandana
58	Sandhya.G	Very Useful	Sandhya.G
59	Preethi.R	Good.	Preethi.R
60	Santhana Lakshmi.R	Good	Santhana Lakshmi.R
61	Dakshayini.R	good	Dakshayini.R
62	Shwetha.N	good	Shwetha.N
63	Neha Kawsar.p	good	Neha Kawsar.p

Acharya Pathasala College of Arts & Science

Narasimharaja Colony, Bangalore -560 019.

Health Check up for Girl Students

Attendance List

Name of the programme : Health Check Up

Date: 11.01.2023

Sl. No.	Name of the Student	Course	Signature
64	Sugmitha B.T	II nd BCA 3 rd sem	Sugmitha B.T
65	M. Muskan	III rd BSc 5 th sem	M. Muskan
66	KOUSALYA	III rd BSC (CBZ) V	Kousalya
67	KRUTHIKA N.R	III rd BSC (CBZ) V	Kruthika
68	Pinki kumari - R	III rd B. A (S.E.Psy) V	Pinki kumar R
69	Shivaranjini . R	2 nd BA (M.PSY)	Shi
70	Rashika . N	II nd BA (S. PSY)	Rashika . N
71	Tanmayee . N	I st BA (S, PSY)	Tanmayee . N
72	Aishwarya . S	I st BACS . PSY)	Aishwarya . S
73	Shajiya Kousar	I st BA (S.PSY)	Shajiya Kousar
74	Lakshmi . T	I st BCA	Lakshmi . T
75	Pallavi . T	1 st sem BCA	Pallavi . T
76	Roopa . K	1 st sem BCA	Roopa . K
77	Poornima . M	1 st sem BCA	Poornima . M
78	Manasa . S	1 st sem BCA	Manasa . S
79	Ruchitha . G	1 st sem BCA	Ruchitha . G
80	Sandya . R	1 st sem BCA	Sandya . R
81	Sathya . R	II nd year BA	Sathya . R
82	Hemalatha . R	III rd year BA	Hemalatha . R
83	Bhavani . T	III rd year BA	Bhavani . T
84	Harshitha . M	II nd year BSC	Harshitha . M

(Signature)
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Acharya Pathasala College of Arts & Science

Narasimharaja Colony, Bangalore -560 019.

Health Check up for Girl Students Feed Back

Name of the programme : Health Check Up

Date: 11.01.2023

Sl. No.	Name of the Student	Feed Back Course	Signature
64	Sunathi.R	good	st
65	Sukanya.D.T	Very good	Sukanya.D.T
66	Saniya Saba	very good	Saniya
67	Yinnygacari.A	nic	A.Vini
68	Diana.K	useful	Diana.K
69	VASUNDRA.P	useful	Vasundara.P
70	Sonu.P	useful	Sonu.P
71	Vasantha Bai G.R	very good	Vasantha Bai
72	Kayathiyani	Excellent	Kay
73	Priya.K.	Useful	Priya
74	Rohini.E	very good	Rohini
75	Janya.P.	Excellent	Janya
76	Nalini.G.	good	Nalini.G.
77	Aishwarya.G	good	Aishwarya
78	Suchithra.S.	good	Suchithra
79	sushmitha.s	good	sushmitha.s
80	Chaitra MR	very good	Chaitra MR
81	Sushela Bai	very good	Sushela
82	Sathyay	very good	Sathyay
83	Roopa.K	Good	Roopa
84	Pallavi.A	Good	Pallavi
85	Manasa.K	Good	Manasa
86	Ruchitha.G	Good	Ruchitha.G
87	Poojima.M	Good	Poojima.M
89	Hemalatha	very good	Hemalatha
90	Bhavana.T	Excellent	Bhavana
91	Harshitha.M	well/breaded	Harshitha



Acharya Pathasala College of Arts & Science

Narasimharaja Colony, Bangalore –560 019.

Website: apsartsandscience.org Email: apscollegeofartsscience@gmail.com

Dr. B. Jayashree, MSc. M.Phil., Ph.D.,

PRINCIPAL

APSC A/S No. / 593A /2022-2023

Date 09-01-2023

To,
Sri. H.V. Suresh
President, Karnataka Cancer Society,
Bangalore.

Respected Sir,

Sub: - Request to arrange a doctor to give a talk on Awareness
Programme on Preventive Measures on Breast and Cervical
Cancer.

We would like to organize An Awareness Programme on Preventive Measures on
Breast and Cervical Cancer in our college on 11-01-2023 at 11.30 am at New
Seminar Hall. Hence, I request you to arrange an expert doctor to give a talk on the
above-mentioned subject.

Thanking you,

Yours faithfully


PRINCIPAL
APSC College of Arts & Science
N.R. Colony, Bangalore-560 019.



Telephone: 080-26603192

Acharya Pathasala College of Arts & Science
Narasimharaja Colony, Bangalore –560 019.

Website:apsartsandscience.org Email:apscollegeofartsscience@gmail.com

Dr. B. Jayashree, MSc., M.Phil., Ph.D.,
PRINCIPAL

APSC A/S No. / **593A** /2022-2023

Date **09**-01-2023.

To,
Lion Dr. Nagamani
President, LCB Pride,
Bangalore.

Respected Madam,

Sub: - Request to depute a Lady Doctor to conduct Health Check up for Girl students - reg.

We would like to organize a health check-up for girl students of our college on 11-01-2023 at 10.30 am as part of Health Club activity. Hence, I request you to depute a lady doctor along with her team to do the needful.

Thanking you,

Yours faithfully


PRINCIPAL
APS College of Arts & Science
N.R. Colony, Bangalore-560 019.

Acharya Pathasala College of Arts & Science

Narasimharaja Colony, Bangalore –560 019.

Website: apsartsandscience.org Email: apscollegeofartsscience@gmail.com

Dr. B. Jayashree, MSc. M.Phil., Ph.D.,

PRINCIPAL

APSC A/S No./ 599A /2022-2023

Date 13-01-2023

To,
Sri. H.V. Suresh
President, Karnataka Cancer Society,
Bangalore.

Thanking Letter

On behalf of the Management and A.P.S. College of Arts and Science, we express our heartfelt appreciation and thanks for arranging a doctor to give a Special talk on Preventive Measures on Breast and Cervical Cancer on 11-01-2023 at 11.30 am in our college.

Talk was excellent, highly informative and immensely well received by the students and staff.

With warm regards,


Principal

PRINCIPAL
APS College of Arts & Science
N.R. Colony, Bangalore-560 019.



Acharya Pathasala College of Arts & Science
Narasimharaja Colony, Bangalore –560 019.

Website:apsartsandscience.org Email:apscollegeofartsscience@gmail.com

Dr. B. Jayashree, MSc. M.Phil., Ph.D.,
PRINCIPAL

APSC A/S No./ **599A** /2022-2023

Date 13-01-2023

To,
Lion Dr. Nagamani
President, LCB Pride,
Bangalore.

Thanking Letter

On behalf of the Management and A.P.S. College of Arts and Science, we express our heartfelt appreciation and thanks for deputing a doctor and team for conducting Health Checkup for girl students.

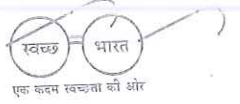
With warm regards,

Principal

PRINCIPAL
APS College of Arts & Science
N.R. Colony, Bangalore-560 019.



ಭಾರತ ಸರ್ಕಾರ ಭಾರತ ಸರ್ಕಾರ Govt. of India



ಪ್ರಾದೇಶಿಕ ಆಯುರ್ವೇದ ಚಯಾಪಚಯ ರೋಗಗಳ ಸಂಶೋಧನಾ ಸಂಸ್ಥೆ, ಬೆಂಗಳೂರು
क्षेत्रीय आयुर्विदीय चयापचय विकार अनुसंधान संस्थान, बेंगलूर

REGIONAL AYURVEDA RESEARCH INSTITUTE FOR METABOLIC DISORDERS, BENGALURU
(Central Council for Research in Ayurvedic Sciences, Ministry of AYUSH, Govt. of India)

ವೈದ್ಯಕೀಯ ಸಂಶೋಧನಾ ಘಟಕ ಮತ್ತು ಆಸ್ಪತ್ರೆ - ನೈದಾನಿಕ ಅನುಸಂಧಾನ ಇಕಾರ್ಡ್ ಎಂ ಅಸ್ಪತಾಲ - CLINICAL RESEARCH UNIT & HOSPITAL

ಹೊರ ರೋಗಿ ವಿಭಾಗದ ಚೀಟಿ / बाह्य रुग्ण क्रमांक / OPD Case Sheet

बाह्य रुग्ण क्रमांक
OPD Case Sheet No.

दिनांक / Date : 11 Jan 23

नाम / Name : Vasantha

Date of Birth :

Sex M / F - Age 19y

विवाहित / अविवाहित Married / Unmarried पता / Address

फोन नं / Phone No

धर्म / Religion व्यवसाय / Occupation शिक्षण / Education वार्षिक आय / Income

व्याधि विनिश्चय / Diagnosis परिणाम / Result

दिनांक Date	लक्षण Symptoms	चिकित्सा Treatment	टिप्पणी Remarks
	clo unsatisfied motion. B- Watery, takes long time S- Good M- Regular A- Good	① Anipattikasa. chuma tablet (AIF) 0-0-1 ② A. V vati (AIF) 1-0-1 x 15 days	शरीर


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ಕ್ಷೇತ್ರೀಯ ಆಯುರ್ವಿಜ್ಞಾನ ಚಯಾಪಚಯ ವಿಕಾರ ಅನುಸಂಧಾನ ಸಂಸ್ಥಾನ, ಬೆಂಗಳೂರು

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ಮೂರ ರೋಗಿ ವಿಭಾಗದ ಚೀಟಿ / ಬಾಹ್ಯ ರೂಗಣ ಕ್ರಮಾಂಕ / OPD Case Sheet

ಬಾಹ್ಯ ರೂಗಣ ಕ್ರಮಾಂಕ
OPD Case Sheet No.

ದಿನಾಂಕ / Date : 11 Jan 23

ನಾಮ / Name : Gowthami

Date of Birth:

Sex M / F - Age 20y8

ವಿವಾಹಿತ / ಅವಿವಾಹಿತ Married / Unmarried

ಪತಾ / Address

ಫೋನ್ ನಂ / Phone No

ಧರ್ಮ / Religion

ವ್ಯವಸಾಯ / Occupation

ಶಿಕ್ಷಣ / Education

ವಾರ್ಷಿಕ ಆಯ / Income

ವ್ಯಾಧಿ ವಿನಿಶ್ಚಯ / Diagnosis

ಪರಿಣಾಮ / Result

ದಿನಾಂಕ Date	ಲಕ್ಷಣ Symptoms	ಚಿಕಿತ್ಸಾ Treatment	ಟಿಪ್ಪಣಿ Remarks
	A - Good S - Disturbed M - Regular B - Regular Regular Period No health Complaints.	① Suta sekasa Rasi 1-1-1 x 30 days Daily	


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ಕೇಂದ್ರೀಯ ಆಯುರ್ವೇದ ಚಯಾಪಚಯ ವಿಕಾರ ಅನುಸಂಧಾನ ಸಂಸ್ಥಾನ, ಬೆಂಗಳೂರು

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ಹೊರ ರೋಗಿ ವಿಭಾಗದ ಚೀಟಿ / ಬಾಹ್ಯ ರುಗಣ ಕ್ರಮಾಂಕ / OPD Case Sheet

ಬಾಹ್ಯ ರುಗಣ ಕ್ರಮಾಂಕ
OPD Case Sheet No.

ದಿನಾಂಕ / Date : 11/11/23

ನಾಮ / Name : Sneha B

Date of Birth:

Sex M / F - Age 19y / F

ವಿವಾಹಿತ / ಅವಿವಾಹಿತ Married / Unmarried ಪತಾ / Address

ಫೋನ್ ನಂ / Phone No

ಧರ್ಮ / Religion

ವ್ಯವಸಾಯ / Occupation

ಶಿಕ್ಷಣ / Education

ವಾರ್ಷಿಕ ಆದಾಯ / Income

ವ್ಯಾಧಿ ವಿನಿಶ್ಚಯ / Diagnosis

ಪರಿಣಾಮ / Result

ದಿನಾಂಕ Date	ಲಕ್ಷಣ Symptoms	ಚಿಕಿತ್ಸಾ Treatment	ಟಿಪ್ಪಣಿ Remarks
	B M Regular A - Good S - Good Hb - 9.9 mg/dl Hb - Decreased weight MC - Regular	(1) A.V Vasti (A/F) 1-0-1 (2) Dhato's Loha (B/F) 1-0-1	


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ಹೊರ ರೋಗಿ ವಿಭಾಗದ ಚೀಟಿ / ಬಾಹ್ಯ ರುಗಣ ಕ್ರಮಾಂಕ / OPD Case Sheet

ಬಾಹ್ಯ ರುಗಣ ಕ್ರಮಾಂಕ
OPD Case Sheet No.

ದಿನಾಂಕ / Date : 11 Jan 23

ನಾಮ / Name : Sushmita

Date of Birth:

Sex M / F - Age 19y F.

ವಿವಾಹಿತ / ಅವಿವಾಹಿತ Married / Unmarried ಪತಾ / Address

ಫೋನ್ ನಂ / Phone No

ಧರ್ಮ / Religion ವ್ಯವಸಾಯ / Occupation शिक्षण / Education ವಾರ್ಷಿಕ ಆಯ / Income

ವ್ಯಾಧಿ ವಿನಿಶ್ಚಯ / Diagnosis परिणाम / Result

ದಿನಾಂಕ Date	ಲಕ್ಷಣ Symptoms	ಚಿಕಿತ್ಸಾ Treatment	ಟಿಪ್ಪಣಿ Remarks
	do irregular Period B- Regular M- Regular A- Good S- Sleep. Hb-	① Dhatri lha (AF) 1-0-1 ② A.V. Vati (AF) 1-1-1 x 15 days sharley	


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 क्षेत्रीय आयुर्विदीय चयापचय विकार अनुसंधान संस्थान, बेंगलूरु

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ಹೊರ ರೋಗಿ ವಿಭಾಗದ ಚೀಟಿ / बाह्य रुग्ण क्रमांक / OPD Case Sheet

बाह्य रुग्ण क्रमांक
 OPD Case Sheet No.

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दिनांक / Date : 11/1/23

नाम / Name : Harshitha

Date of Birth:

Sex M / F - Age 19/F

विवाहित / अविवाहित Married / Unmarried पता / Address

फोन नं / Phone No 8088343488

धर्म / Religion व्यवसाय / Occupation शिक्षण / Education वार्षिक आय / Income

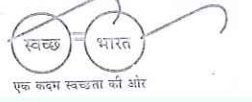
व्याधि विनिश्चय / Diagnosis परिणाम / Result Astava dushti

दिनांक Date	लक्षण Symptoms	चिकित्सा Treatment	टिप्पणी Remarks
	<p>Clb irregular menstruation 7/1/22 MC - 15 days 2-3 months</p> <p>B S M A } (R)</p>	<p>Adr.</p> <p>① Nishamalaki 2-0-2 B/F</p> <p>② Kashunadi Vati 1-0-1 A/F</p> <p>15 days</p> <p>(M)</p>	

Beep
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क्षेत्रीय आयुर्विदीय चयापचय विकार अनुसंधान संस्थान, बेंगलूर

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ಹೊರ ರೋಗಿ ವಿಭಾಗದ ಚೀಟಿ / बाह्य रुग्ण क्रमांक / OPD Case Sheet

बाह्य रुग्ण क्रमांक
OPD Case Sheet No.

दिनांक / Date : 11/11/23

नाम / Name : Alhamsha

Date of Birth:

Sex M / F - Age 19/F

विवाहित / अविवाहित Married / Unmarried पता / Address

फोन नं / Phone No 9538092805

धर्म / Religion व्यवसाय / Occupation शिक्षण / Education वार्षिक आय / Income

व्याधि विनिश्चय / Diagnosis परिणाम / Result Pitta Jwara

दिनांक Date	लक्षण Symptoms	चिकित्सा Treatment	टिप्पणी Remarks
	1/0 mouth ulcer, generalized body ache B } S } (R) M } A }	(1) Gandhaka Vati 1-0-1 Alf (2) Shirashula Vajra Rasa 1-0-1 Alf (3) MyG 1-0-1 Alf	

15 days


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Acharya Pathasala College of Arts & Science
Narasimharaja Colony, Bangalore –560 019.

Website: apscollegeofartsandscience.com Email: apscollegeofartsscience@gmail.com

Dr.B.Jayashree M.Sc., M.Phil., Ph.D.

I/C Principal

No. APSAS / / 2022-2023

Dated: 27 -01-2023

Circular

On the occasion of Rathasapthami, all Students and Faculty are hereby informed to offer 108 Suryanamaskara on Saturday 28.01.2023, from 8:30am to 9:30am at Smt.NarmadaBai Auditorium. The dress code is track pant and white T-Shirt & you are required to bring your own yoga mat, hand towel & water bottle. Students are informed to register your names with Mythreyee.B K, Yoga Instructor or Dr.Raghavendra G L, Physical Education Director.


Principal
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REPORT

108 SURYANAMASKARA

On the occasion of Rathasapthami, Department of Yoga and Department of Physical Education organized Sun Salutation on 28.01.2023 at Seminar hall from 8.30am to 9.30 am.

Sri.Haresha M.C, HOD, Department of Kannada welcomed the participants. The program was inaugurated by Mrs. Mythreeye, Yoga Instructor by administering omkara chantings eleven times and Surya namaskara mantras.108 surya namaskaras were offered to Sun God by students and staff.

Principal Dr. B Jayashree in her address said that Yoga is very important as it provides physical and mental health and also it can cure many diseases and difficiencies when praticised under sun early morning. She advised all the participants to experience the power of yoga, feel energised and develop zest of living. Cetificates of appreciation was distributed .Sathvik breakfast was served to all the participants.

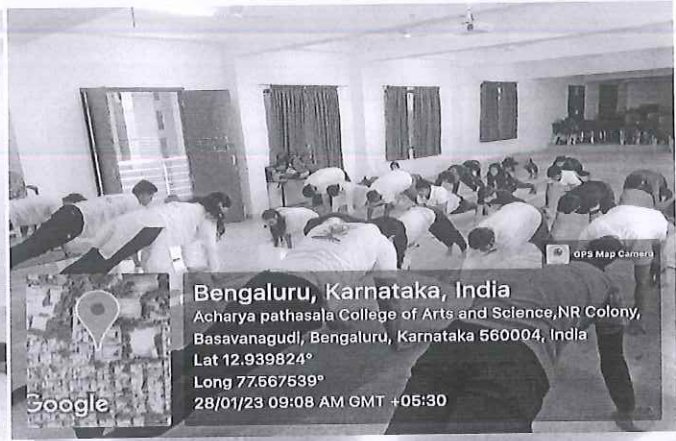
There were around 50 participants participated in Sun Salutation.

Vote of Thanks was rendered by Dr. Raghavendra, PED.


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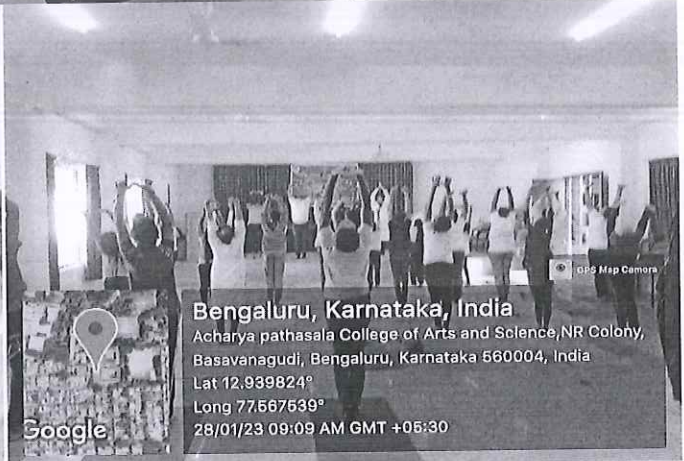
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Acharya pathasala College of Arts and Science, NR Colony,
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Long 77.567539°
28/01/23 09:45 AM GMT +05:30



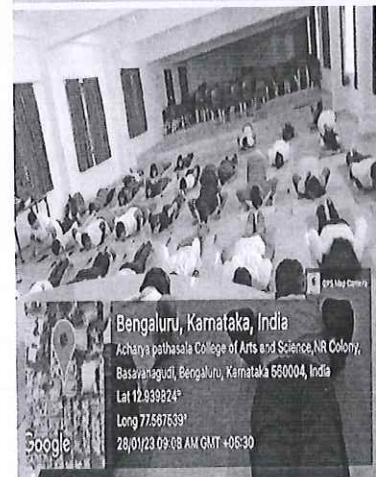
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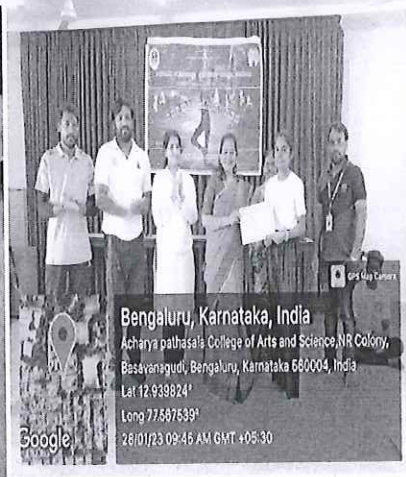
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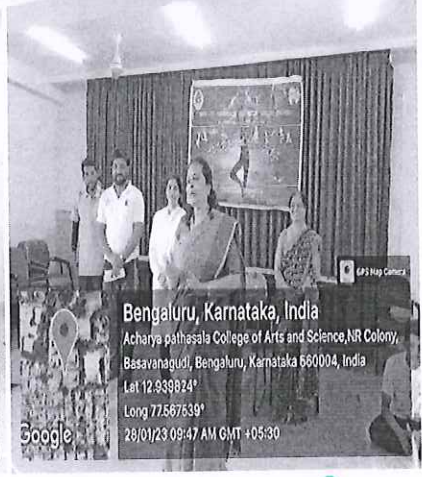
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Acharya pathasala College of Arts and Science, NR Colony,
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Lat 12.939824°
Long 77.567539°
28/01/23 09:09 AM GMT +05:30



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Lat 12.939824°
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Mythreye D.K
Mythreye
Department of Yoga

Raghavendra, G.L
Dr. Raghavendra

Department of Physical Education
Physical Educational Director
APS College of Art and Science
N.R. Colony, Bangalore-560 019.

Benu
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Department of Psychology
In association with NIMHANS
Organize a seminar on
"Digital Psychological Interventions for Mental
Health Care"

On 20.06.2023

Programme List

1	Anchoring	Rakshitha S
2	Invocation	Shivaranjini & Kathyayini
3	Welcome Speech	Thanushree M
4	Lighting the Lamp	By All Dignitaries
5	Introduction of Resource person	Prof. Chandrakala V
6	Address by Resource person	Mr. Abhishek karishiddhimath
9	Felicitation of Guests	By Dignitaries
10	Concluding remarks by Principal	Dr. B. Jayashree
11	Presidential speech	Prof. K.P. Narasimha Murthy
12	Vote of Thanks	Hemalatha K H


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Department of Psychology

In Association with NIMHANS

Organize a seminar on

**“Digital Psychological Interventions
For Mental Health Care”**

On Tuesday, 20th June 2023, Time: 11.30 am

Venue : Seminar Hall

Resource Person

Mr. Abhishek Karishiddhimath

Psychologist, NIMHANS, Bengaluru

Presided by

Prof. K.P. Narasimha Murthy

Hon. President, APSET

In Presence of

C.A. Dr. Vishnu Bharath A.S

Vice President, APSET

Sri K. S. Akhilesh Babu

Treasurer, APSET

Sri P. Krishna Swamy

Joint Secretary, APSET

CA. A.P. Acharya

Hon. Life Trustee & Mentor, APSET

Sri K. Mohan Dev Alva

Vice President, APSET

Sri. A.R. Acharya

General Secretary, APSET

Prof. A. Prakash

Joint Secretary, APSET

Sri A. Muralidhara

Chairman, Governing Council, APSAS

Smt. Harshitha. S

Convener

HOD

Dept. of Psychology

Dr. B. Jayashree

Principal

Staff & Students

All Are Invited

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N.R. COLONY BENGALURU 560019

Website: apscollegeofartsandscience.com Email: apscollegeofartsscience@gmail.com Telephone: 080-26603192

AFFILIATED TO BENGALURU CITY UNIVERSITY NAAC ACCREDITED – B+ GRADE

REPORT ON DIGITAL PSYCHOLOGICAL INTERVENTIONS FOR MENTAL HEALTH CARE.

Department of Psychology, Sumana Counselling Centre, in association with NIMHANS organized a seminar on "Digital Psychological Interventions for Mental Health Care" on Tuesday, 20th of June 2023. The Chief Guest and Resource Person was Mr. Abhishek Karishiddhimath, Psychologist, NIMHANS, Bengaluru.

They Resource Person spoke about the issues of Mental Health such as Depression, Stress, Substance Abuse, and Addictions. Also conducted a small workshop and quiz on these issues. The students and teaching staff activity participated.

He concluded his session by giving an information about “MINDNOTES” app which is introduced by NIMHANS, which is useful for getting the counselling anywhere, anytime for any Psychological issues at free of cost and he also taught how to use the “MINDNOTES” app.

Principal Dr. B. Jayashree, in her Presidential remarks appreciated the efforts of the Department of Psychology and Sumana Counselling Centre for organizing the seminar and for assisting in maintaining the mental health of students and staff.

The entire program received a positive responses and appreciation by one and all.

OUTCOMES:

1. It helped the students to accept and discuss about their mental illness openly.
2. Increased Positivity and improved social support.
3. Every student learnt how to manage daily activities in stressful life and hoped to lead better life.

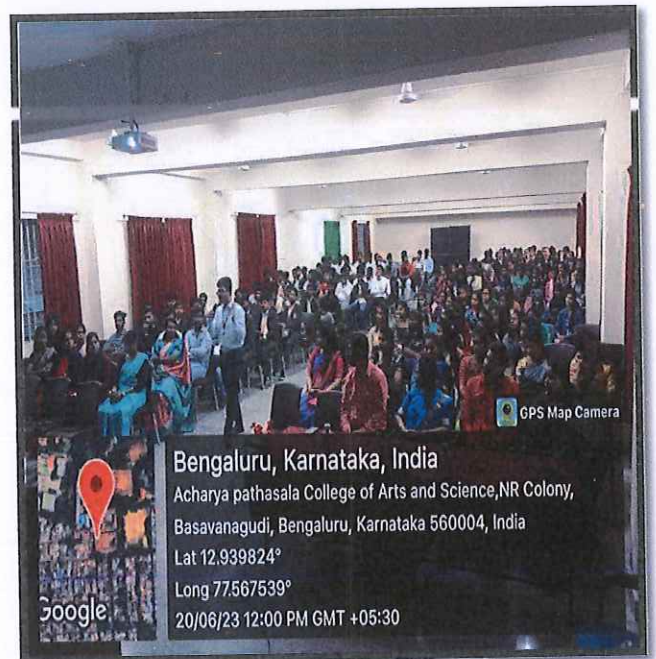
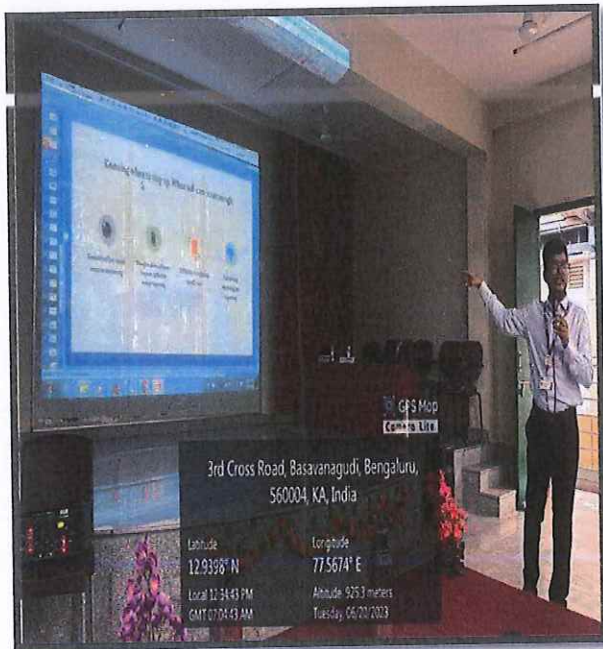
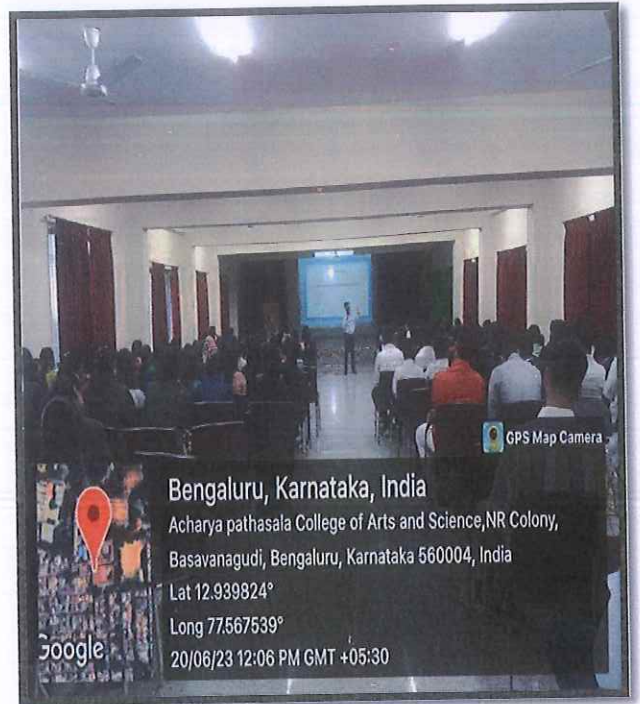
About 193 students and teaching staff attended the program.

PROGRAM CONVENER

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**APS College of Arts & Science
N.R. Colony, Bangalore-560 019.**



Carthy

PROGRAM CONVENER

Beep

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Department of Psychology, in association with NIMHANS, organize a seminar on
"Digital Psychological Interventions for Mental Health Care" on 20.06.2023

ATTENDANCE SHEET: STUDENTS

SL.NO.	NAME	CLASS & COMBINATION	SESSION (I/II)	SIGNATURE
1	SADIK RASMI	V Sem - [SEPSY]	V Semester	Sadik Rasmi
2	Chandrashekhar.S	VI Sem - [SE.P.S.Y]	I	Chandrashekhar
3	Charan.K	VI Sem - [S.E.P.S.Y]	I	Charan
4	V.Khan.	VI Sem - [S.E.P.S.Y]	I	V.Khan.
5	V.K.Raj Kumar	VI SEPSY B.C.A	II	V.K.Raj Kumar
6	Dhanush.S.Reddy	II Sem 1st year B.C.A	I	Dhanush
7	Gagan.K	B.C.A II Sem	I	Gagan
8	Akash.S	II Sem BCA	I	Akash
9	Pravjal.C	II Sem BCA	I	Pravjal
10	Vasun Kumar B.C.	II Sem BCA	I	Vasun
11	Abhinav	II Sem BCA	I	Abhinav
12	Ravshan K.T	II Sem BCA	I	Ravshan K.T
13	Sreedhar Channappa Nagunda	II Sem BCA	I	Sreedhar
14	Sathish	II Sem BCA	I	Sathish
15	Sankarshan D	II Sem BCA	I	Sankarshan
16	Pavan Kumar S	II Sem BCA	I	Pavan
17	Subhojy	II Sem BCA	I	Subhojy
18	Nagaraj.H	Final Year BA	6th Sem	Nagaraj
19	Sudheep N	Final Year BA	6th Sem	Sudheep
20	Balaji VS	Final Year BA	6th Sem	Balaji
21	Akash	First Year BA	2nd Sem	Akash
22	Shabeer Pasha.en	I B.A	2nd Sem	Shabeer
23	Garish M.N	I B.A	2nd Sem	Garish
24	Chandra shekhar	I B.A	2nd Sem	Chandra
25	LOKESH.G	I BA	2nd Sem	Lokesh
26	Manjunath.R	I BA	2nd Sem	Manjunath
27	Punith Gowda. K.M	IV Sem BSC	I Session	Punith
28	Vijay. G	IV Sem BSC	I Session	Vijay
29	Abhishek Gowda. K.B	IV Sem BSC	I Session	Abhishek
30	Bharath. B.	(EP) IV Sem B.A	IV Sem	Bharath
31	yathesh K.R	IV Sem BA (EP)	IV Sem	yathesh
32	Srinivas. K.	" "	" "	Srinivas
33	Pravjal. B.S	" "	" "	Pravjal
34	Hausna.M	BCA	II	Hausna
35	Srinivas. V	"	"	Srinivas
36	Srinivas. M	"	"	Srinivas
37	Jithendra. S.P	"	"	Jithendra
38	Kempa Nile	"	"	Kempa
39	Ram Teja	"	"	Ram
40	Sarathosh naik	"	"	Sarathosh
41	Darshan.D	"	"	Darshan
42	Adithya Verma	"	"	Adithya
43	Harshith. K.B	"	"	Harshith

Department of Psychology, in association with NIMHANS, organize a seminar on
"Digital Psychological Interventions for Mental Health Care" on 20.06.2023

ATTENDANCE SHEET: STUDENTS

SL.NO.	NAME	CLASS & COMBINATION	SESSION (I/II)	SIGNATURE
44	Mahesh k	BEA	II	Mahesh k
45	Prajwal n.v	BCA	IV	Prajwal
46	Karthik k	BCA	IV	Karthik k
47	Prajwal n.v	BCA	IV	Prajwal
48	Krishnesh GN	BCA	IV	Krishnesh
49	Vasun K	BCA	IV	Vasun
50	Anishmae. m	BA	II	Anishmae. m
51	Heemant m	BA	II	Heemant
52	Mohammed Faiz Khan	BCA	IV	Mohammed Faiz Khan
53	Uthman Kumar K	BCA	IV	Uthman Kumar K
54	Prudham. p	BCA	IV	Prudham. p
55	Sajay. j	BCA	IV	Sajay. j
56	Nitesh	BCA	IV	Nitesh
57	Vijay	BCA	IV	Vijay
58	Vishal Rao	BCA	IV	Vishal Rao
59	Mubarak pasha	BCA	IV	Mubarak pasha
60	Arun. M	BCA	IV	Arun. M
61	Vedesh	BCA	IV	Vedesh
62	Ganesh skanda	BCA	IV	Ganesh skanda
63	Ravindra Kumar	BCA	IV	Ravindra Kumar
64	Chaitanya	BCA	IV	Chaitanya
65	Jagan. V	BCA	IV	Jagan. V
66	Nandesh	BCA	IV	Nandesh
67	Pavan	BCA	IV	Pavan
68	Bala Shakti	BCA	IV	Bala Shakti
69	Vikram	BCA	IV	Vikram
70	Chander	BCA	IV	Chander

(Handwritten Signature)

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Department of Psychology, in association with NIMHANS, organize a seminar on
"Digital Psychological Interventions for Mental Health Care" on 20.06.2023

ATTENDANCE SHEET: STUDENTS

SL.NO.	NAME	CLASS & COMBINATION	SESSION (I/II)	SIGNATURE
01	Aishwarya.S	(S.Psy) BA 1 Year	I	Aishwarya.S
02	Tanmayee.N	(S.Ps) BA 1 Year	I	Tanmayee.N
03	Shivaramjini.P	(Psy.M) BA 1 Year	I	Shivaramjini.P
04	Rashika.M	(Psy.S) BA 1 Year	I	Rashika.M
05	Shwetha.N	(Psy.M) BA 1 Year	I	Shwetha.N
06	Pinky Kumar.R	(SPS) B.A 1 st year	I	Pinky Kumar.R
07	Hemalatha.K.H	(SEPsy) BA 1 st yr	I	Hemalatha.K.H
08	Satya.V	(SEPsy) BA 1 st year	I	Satya.V
09	Vivutha.M	(SEPsy) BA 1 st year	I	Vivutha.M
10	Neha.R	(SEPsy) BA 1 st year	I	Neha.R
11	Shandy.Thomas	(SEPsy) BA 1 st year	I	Shandy.Thomas
12	Shreethi.M	(SPS) BA (IV sem)	I	Shreethi.M
13	Sahana.U.S	(SPS) BA (IV sem)	I	Sahana.U.S
14	Harshitha.C	(SPS) BA (IV sem)	I	Harshitha.C
15	Chaya devi.M	(SPS) BA (IV sem)	II	Chaya devi.M
16	Thamizhree.M	(SPS) BA (IV sem)	II	Thamizhree.M
17	Kakulitha	(SPS) BA (IV sem)	II	Kakulitha
18	Harshini.C	(SPS) BA (IV sem)	I	Harshini.C
19	Harshitha.M	BSC 'CB' IV sem	I	Harshitha.M
20	Preethi.H.S	BSC 'CB' IV sem	I	Preethi.H.S
21	Shreethi.S.H	BSC 'CB' IV sem	I	Shreethi.S.H
22	Jyothi Verma.	IV sem BSc [PM]	I	Jyothi Verma.
23	Saniya Saba	IV sem BSc (PM)	I	Saniya Saba
24	Ashwini	(S.PSY) BA 1 year	I	Ashwini
25	Shriya Kumar	(S.PSY) BA 1 year	I	Shriya Kumar
26	Vasanthi Bai	B.A (H.P) 1 year	I	Vasanthi Bai
27	Anusha.G	B.A (H.K) 1 year	I	Anusha.G
28	Annapoorna.L	B.A (H.K) 1 year	I	Annapoorna.L
29	Suritha.S	B.A (H.K) 1 st year	I	Suritha.S
30	Aishwarya.G	B.A (H.K) 1 st year	I	Aishwarya.G
31	Nidhi.S	B.A (H.P) 1 st year	I	Nidhi.S
32	Sukanya.D.J	Bsc [CB] 1 st year	I	Sukanya.D.J
33	Vasishwini.M	Bsc [CB] 1 st year	I	Vasishwini.M
34	Wiana.K	Bsc [PM] 1 st year	I	Wiana.K
35	Vasudha.P	Bsc [PM] 1 st year	I	Vasudha.P
36	Lakshmi.T	BCA II SEM	I	Lakshmi.T
37	Neha Kumar.P	BA IV Sem (HK)	II	Neha Kumar.P
38	Nirosha.G	BA IV Sem (HK)	II	Nirosha.G
39	Dhyanalaxmi.N	BA IV Sem (LHK)	II	Dhyanalaxmi.N
40	Arpita.B.H	BA IV Sem (SPS)	II	Arpita.B.H
50	Tanuja.H	BCA II SEM	II	Tanuja.H
51	Pranati.N.B	BCA II SEM	II	Pranati.N.B
52	Roopa.K	BCA II SEM	II	Roopa.K
100	Shradha.T	MA II sem	I	Shradha.T
101	Shwetha.G	MA II sem	I	Shwetha.G
102	Shalini.N	MA II sem	I	Shalini.N

Department of Psychology, in association with NIMHANS, organize a seminar on
"Digital Psychological Interventions for Mental Health Care" on 20.06.2023

ATTENDANCE SHEET: STUDENTS

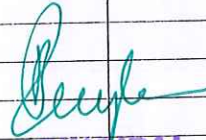
SL.NO.	NAME	CLASS & COMBINATION	SESSION (I/II)	SIGNATURE
53	Chaudana	BSC (IV Sem) [PM]	I	Chaudana
54	Sindhu	- II -	I	Sindhu
55	Priya.S	- II -	I	Priya.S
56	Sonu	- II -	I	Sonu
57	Aradhana	- II -	I	Aradhana
58	Rekha.y.s	B.Sc (VI Sem) (PCM)	I	Rekha.y.s
59	Roopa.y.s	- " -	I	Roopa.y.s
60	Sushmitha	(CBZ)	I	Sushmitha
61	Manjula	- II -	I	Manjula
62	Geetha	- II -	I	Geetha
63	Shilpa.M	B.Sc (VI Sem) (PCM)	I	Shilpa.M
64	Ashwini Hatti	B.Sc (VI Sem) (PCM)	I	Ashwini Hatti
65	Ranjitha.A.M	B.Sc (VI Sem) (PCM)	I	Ranjitha.A.M
66	Aishwarya.R	B.Sc VI Sem (PCM)	I	Aishwarya.R
67	Dhanalakshmi D.B	B.Sc VI Sem (PCM)	I	Dhanalakshmi D.B
68	Shravya N prasad	BCA IV sem	I	Shravya N prasad
69	Dhanusha.R	BSC (CBZ) VI sem (CBZ)	I	Dhanusha.R
70	Sanalhya.B	BSC (CBZ) VI sem	I	Sanalhya.B
71	Sushmitha.S	BSC (CBZ) VI sem	I	Sushmitha
72	Sandhya.Y	BCA 2nd sem	I	Sandhya.Y
73	Meghashree.R	BCA 2nd sem	I	Meghashree.R
74	Manasa.K	BCA 2nd sem	I	Manasa
75	Ruchitha.G	BCA 2nd sem	I	Ruchitha.G
76	KRUTHIKA	BSC 3rd yr Sem VI	I	KRUTHIKA
77	KOUSALYA	BSC 3rd yr Sem VI	I	KOUSALYA
78	M.Muskan	BSC VI sem	I	M.Muskan
79	Harshitha.E	BCA IV Sem	I	Harshitha.E
80	Mythraj	BCA IV Sem	I	Mythraj
81	Indira	BCA W Sem	I	Indira
82	Harshitha.R	BCA W Sem	I	Harshitha.R
83	Manjula	BCA IV Sem	I	Manjula
84	Sreha	BCA W Sem	I	Sreha
85	Deeksha.S	BCA 4th sem	I	Deeksha.S
86	Anusha.M	BCA 4th sem	I	Anusha.M
87	Yashvika.G	BCA 4th sem	I	Yashvika.G
88	Gowthami	BCA 4th sem	I	Gowthami
89	Kanyashree	BCA 4th sem	I	Kanyashree
90	Prakruthi.P	BCA 2nd sem	I	Prakruthi.P
91	Sanjana.N.J	BCA 2nd sem	I	Sanjana.N.J
92	Rakitha.D	"	I	Rakitha.D
93	Dhanushree.P.K	"	I	Dhanushree.P.K
94	Priya.N	"	I	Priya.N
95	Suchithra.S	Bsc 6th sem [PCM]	I	Suchithra.S
96	Susheela baj	"	I	Susheela baj
97	Pooja	"	I	Pooja
98	Kanyashree	"	I	Kanyashree
99	Kusuma.M	"	I	Kusuma.M

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Department of Psychology, in association with NIMHANS, organize a seminar on
"Digital Psychological Interventions for Mental Health Care" on 20.06.2023

ATTENDANCE SHEET: TEACHING STAFF

SL.NO.	NAME	DEPARTMENT	SESSION (I/II)	SIGNATURE
1.	Surabhi KR	Dept of Chemistry	I	Surabhi KR
2	Dr. Nassimha Paerath	Dept of Physics	I	Dr. Nassimha Paerath
3	Dr. P Jayashree	Dept of Physics	I	Dr. P Jayashree
4.	Dr. Lakshmi S	Dept of Economics	I	Dr. Lakshmi S
5.	Harshitha S	Psychology	I	Harshitha S
6.	Shruthi B.	Dept of Economics	I	Shruthi B.
7	Jyothi T.P	Dept of Mathematics	I	Jyothi T.P
8	Divya P	Dept of political science	I	Divya P
9	Vishalaksh M.N.	Dept of Economics	I	Vishalaksh M.N.
10	Sathyappa Nagakam	Dept of Botany	I	Sathyappa Nagakam
11	Harcestha M D	Dept of Kannada	I	Harcestha M D
12	Sunil Kumar S. K.	Dept. of Mathematics	I	Sunil Kumar S. K.
13	CHANDRAMOULESHWARA. M	Dept. of Economics	I	CHANDRAMOULESHWARA. M
14	ANUS M.H	Dept of History	I	ANUS M.H
15	Kantharaj. H.	Dept. of History	I	Kantharaj. H.
16	CHANDRAKALA.V	Dept of psychology	I	Chandakala V 20/6/23


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ACHARYA PATHASALA COLLEGE OF ARTS AND SCIENCE

N.R. COLONY BANGALORE – 19

Report on International Day of Yoga

International yoga Day, celebrated on 21.06.2023 in Seminar Hall, to promote physical, mental and spiritual benefits of yoga. Mrs. Nagakala N, a distinguished yoga practitioner from Swastha Yoga Centre, Bangalore was the chief guest for the occasion.

The celebration commenced with the opening address by Dr. B. Jayshree, Principal, APSAS emphasizing the importance of yoga in fostering physical and mental well-being.

Mrs. Nagakala. N conducted a captivating session for students and staff in alignment with the protocols set forth by the Ayush Department.

The yoga practice comprised a diverse range of postures berthing excesses and meditation techniques providing participant with holistic experience.

The international yoga day celebration at APSAS successfully fostered a sense of unity and well being among the students.

The key take away of the program includes enhanced well being, stress reduction, improved flexibility and holistic approach to health.

Around 40 students and staff attended the program and were exclusively benefitted with the yogasana.

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Bengaluru, Karnataka, India
46, Sannidi Cross Rd, NR Colony, Basavanagudi, Bengaluru,
Karnataka 560004, India
Lat 12.939773°
Long 77.567536°
21/06/23 11:02 AM GMT +05:30



Bengaluru, Karnataka, India
46, Sannidi Cross Rd, NR Colony, Basavanagudi, Bengaluru,
Karnataka 560004, India
Lat 12.939816°
Long 77.567439°
21/06/23 10:59 AM GMT +05:30

Deepa
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**An IQAC Initiative
NSS & YRC Celebrates**

International Yoga Day

On Wednesday, 21th June 2023, Time: 9.30 am

Venue : Seminar Hall

Chief Guest

Smt. Nagakala. N

Yoga Guru, Swastha Yoga Centre
Bangalore

Presided by

Prof. K.P. Narasimha Murthy

Hon. President, APSET

In Presence of

C.A. Dr. Vishnu Bharath A.S

Vice President, APSET

Sri K. S. Akhilesh Babu

Treasurer, APSET

Sri P. Krishna Swamy

Joint Secretary, APSET

CA. A.P. Acharya

Hon. Life Trustee & Mentor, APSET

Sri K. Mohan Dev Alva

Vice President, APSET

Sri. A.R. Acharya

General Secretary, APSET

Prof. A. Prakash

Joint Secretary, APSET

Sri A. Muralidhara

Chairman, Governing Council, APSAS

Dr. B. Jayashree

Principal

Prof. Sunil Kumar. K

YRC Programming Officer

Prof. Hareesha M.C

NSS Programming Officer

Lt. Dr. Lokesha. A

IQAC Co-coordinator

Staff & Students

All Are Invited

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Acharya Pathasala College of Arts & Science

Narasimharaja Colony, Bangalore -560 019.

Students Attendance List

Name of the Programme : International Yoga Day

Date: 21.06.2023

Sl. No.	Name of the Student	Register Number	Signature
01	R. Harini Priya	V18AK23S0078	R. Haripriya
02	Keerthana P	V18AK23S0052	Keerthana P
03	Rohith .e.	V18AK23A0043	R
04	Saikhilun.K.S	V18AK23A0016	Seki
05	Bansuvaraj.C.D	V18AK23A0080	Bansuvaraj.C.K
6	Rakshitha .h	V18AK23A0004	Rakshitha .h
7	Karthik Gowdo.D	V18AK23A0012	Karthik
8	Lakshmi Kanth .H.D	V18AK23A0011	Lakshmi
9	Rakshitha .N	V18AK23A0019	Rakshitha .N
10	Spoorthi .B	V18AK23A0006	Spoorthi .B
11	Bhavya .D	V18AK23A0035	Bhavya .D
12	Anagha .N	V18AK23A0008	Anagha .N
13	Divya Shree	V18AK23A0044	Divyashree
14	Mahalakshmi A	V18AK23A0058	Mahalakshmi A
15	Sangeetha .M	V18AK23A0002	Sangeetha .M
16	Vidhyan Kumar.V	V18AK23A0056	Vidhyan .M
17	Dhandanjay Kumar	V18AK23A0024	Dhandanjay Kumar
18	Pavan .C	V18AK23A0078	Pavan .C
19	Subramany .K	V18AK23A0041	Subramany .K
20	Shikharika .M	V18AK23A0040	Shikharika .M
21	VISHNO SATHWIK	V18AK23A0032	VISHNO SATHWIK
22	SANTHOSH .G	V18AK23A0084	SANTHOSH .G
23	Radhika .N	V18AK23A028008	Radhika .N
24	Gowthami .R	V18AK23A028001	Gowthami .R
25	Pavithra .H.R	V18AK23A028014	Pavithra .H.R
26	Sudeep .N	V18AK23A028012	Sudeep .N
27	Nandan .K	V18AK23A028005	Nandan .K
28	Nagaraj .H	V18AK23A028006	Nagaraj .H
29	Amrutha .S	V18AK21S0053	Amrutha .S
29	Suraj .S	V18AK21S0067	Suraj .S
30	Pranavi .M	V18AK21S0096	Pranavi .M
31	Krishnak .G.W	V18AK21S0052	Krishnak .G.W
32	Rohit .N.R	V18AK21S0050	Rohit .N.R
33	HEMANTH .S	V18AK21S0098	HEMANTH .S
34	Chethan .M	V18AK21S0071	Chethan .M

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**An IQAC Initiative
Health Club Organizes**

Health & Eye Check-up Camp

Bangalore Spandana

Rotary
District 3191



In Association with

Fortis Hospital

Milann Fertility Centre

Shekar Eye Hospital

Chief Guests

Prof. K.P. Narasimha Murthy

Hon. President, APSET

Rtn. Ravichandran K S

Asst. Governor

Rtn. Arun Selvaraj

President

Rtn. Sarvanan

Secretary

Rtn. Srinivas K

Community Service Director

In Presence of

C.A. Dr. Vishnu Bharath A.S

Vice President, APSET

Sri K. S. Akhilesh Babu

Treasurer, APSET

Sri P. Krishna Swamy

Joint Secretary, APSET

CA. A.P. Acharya

Hon. Life Trustee & Mentor, APSET

Sri K. Mohan Dev Alva

Vice President, APSET

Sri. A.R. Acharya

General Secretary, APSET

Prof. A. Prakash

Joint Secretary, APSET

Sri A. Muralidhara

Chairman, Governing Council, APSAS

On Wednesday, 12th July 2023, Time: 10.00 am

Mrs. Divya. P

Convener

Health Club

Mrs. Vasanti K

IQAC Coordinator

Dr. B. Jayashree

Principal

All Are Invited

Staff & Students



Telephone: 080-26603192
M: 9448205900

Acharya Pathasala College of Arts & Science

Narasimharaja Colony, Bangalore -560 019.

NAAC Accredited - B+

Email: apscollegeofartsscience@gmail.com

No. APS/A&S/ 127 /2023-24

Date: 10.07.2023

Circular

A meeting of the Health Club is convened today at 3:00 pm to discuss the following agenda.

1. Health Checkup camp to be held on 12-07-2023

Divya-p
Convener, Health Club

Beep
Principal
PRINCIPAL
APS College of Arts & Science
N.R. Colony, Bangalore-560 019

① *[Signature]*

② *[Signature]*

③ *[Signature]*

④ *[Signature]*



Acharya Pathasala College of Arts & Science

Narasimharaja Colony, Bangalore –560 019.

Website: apscollegeofartsandscience.com Email: apscollegeofartsscience@gmail.com

No. APSAS / 112 / 2023-2024

Date: 07-07-2023.

To,
The President,
R B, Spandana
Bangalore

Respected Sir,

Subject: Regarding general Health Check-up for students and faculty

**Reference: Rtn. Mr. Srinivasan, Community Service Director, Rotary
Bengaluru –Spandana.**

With reference to the above cited subject, I would like to bring it to your kind information that, APS college of Arts and Science is one of the premier institution serving in the field of education to the economically weaker sections of the society. It's a co-education undergraduate and post graduate college.

As a matter of practice, health club APSAS, regularly organizes health check up for our students especially girl students. This year we would like to extend to boys and faculty also. In this connection I request you to arrange general health checkup like eye checkup, BP, Gynec, HB etc... for our students and faculty preferably on 12-07-2023 at 9:30 am in our college campus. The number of students expected to make use of this facility is 200 and staff around 50 members. Out of which 50 % are female and 50% will be male.

As proposed by Rtn. Mr. Srivinasan, we hope that you will make arrangements from Fortis Bengaluru for general health checkup and Shekar Eye Hospital for Eye Checkup.


PRINCIPAL 3/7/23
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**ACHARYA PATHASALA COLLEGE OF ARTS AND SCIENCE
N.R. COLONY, BANGALORE.**

Report on Health Check up

Health Club of our College organised Free Health and Eye Check up camp for students and staff on 12-07-2023 in association with Bangalore spandana rotary, Fortis Hospital, Shekhar Eye Hospital and Milaan Fertility Center. It was an IQAC initiative. The dignitaries present were Rtn. Ravichandran K S , Asst. Governor, Rtn. Arun Selvaraj , President , Rtn. Srinivas K, Community Service Director and Prof K P Narasimha Murthy, President APSET and Dr B. Jayashree, Principal.

OBJECTIVES:

- ❖ To make students and staff to know basic health parameters, their vision power and their health status.
- ❖ To address many of the issues related to periods of girl students and lady staff.
- ❖ To raise awareness about taking care of one's vision.

Principal in her address said health check up is best practice of our college, we organize health check up twice in a year for girl students but this time we have included boys & staff also.

The test included identifying Blood group, checking BP and Sugar levels, Body weight and Eye checkup.

Many students were found to be under weight (as per their height) and some had vision related issues. Doctors suggested basic remedies and advised students to take follow up action by visiting the hospitals, where they would be provided health services free of cost.

Over 200 Students and 50 Staff underwent the Health and Eye check up.

OUTCOME:

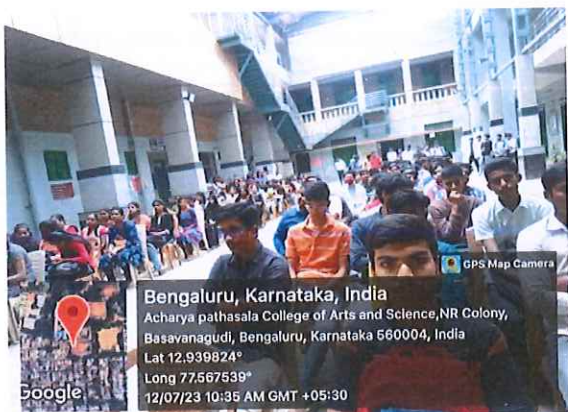
- ❖ This programme has helped in raising awareness among students about the importance of maintaining good health.
- ❖ It helps in community health knowledge and prevents spreading of contagious disease


CONVENOR


PRINCIPAL

PRINCIPAL
APS College of Arts & Science
N.R. Colony, Bangalore-560 019.

Health Check up on 12.07.2023



Sangeetha
PRINCIPAL
APS College of Arts & Science
N.R. Colony, Bangalore-560 019

Faculties

Telephone: 080-26603192

Acharya Pathasala College of Arts & Science

Narasimharaja Colony, Bangalore -560 019.

Website: apsartsandscience.org Email: apscollegeofartsscience@gmail.com



Registration Form

12-7-2023

Health Checkup for Faculties

Sl. No.	Name of the Faculty	Designation	Signature
1.	Easappa	Staff	Easappa K.
2.	Shankar Lal	—	Shankar Lal
3.	Gayathri. S.C	Asst. prof.	Gayathri
4.	Gandesh. F	Security Insp	Gandesh
5.	Vidya. S.G.	Dept of Chemistry	Vidya
6.	Usha. D.	Dept. of English	Usha
7.	Sahanasree	Dept of Economics	Sahanasree
8.	Bhagyee. C.	Parents	Bhagyee
9.	Shilpa B.B.	Parents	Shilpa B.B.
10.	Shanthi. B.	Assistant Prof Dept of Economics	Shanthi
11.	Vishalakshi. M.	Asst. Prof. Economics	Vishalakshi
12.	Chandrakalav	Asst. Prof Dept of Psychology	Chandrakalav 12/7/23
13.	Abhishek K	Staff	Abhishek K
14.	Chaitanya	Staff	Chaitanya
15.	Geetha	Staff	Geetha
16.	Rajamma	Staff	Rajamma
17.	Malajamma	Staff.	Malajamma
18.	Roopa.	Staff.	Roopa
19.	Divya.p	Assistant Professor	Divya.p
20.	Jyothi T-P	Assistant professor	Jyothi
21.	Ananta RJ	APS-T	Ananta
22.	S. Sherravara	APST	S. Sherravara
23.	Maniswamy.m.	APS-T	Maniswamy.m.
24.	Suma.p.	office.	Suma.p.
25.	Sushula	office	Sushula
26.	Swabhi KR	Assistant Professor for chemistry	Swabhi KR
27.	Rukmani	Staff	Rukmani
28.	Pooema.	Staff.	Pooema
29.	Vasanti K	Staff	Vasanti K

Boys.

Telephone: 080-26603192

Acharya Pathasala College of Arts & Science

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12-7-2023.

Registration Form

Health Checkup for Boys Student

Sl. No.	Name of the Student	Course	Signature
1	Athiq Ur Rahman	I BCA	Athiq
2	Anup. A Jannu	I BCA	Anup
3.	BHUVAN Suresh	I BCA	Bhuvan Suresh
4	Pragwal. K	I BCA	Pragwal
5	Rohan C.U	I BA [EP]	Rohan
6	Diwakar. H	I BCA	Diwakar. H
7	Dilip. V	I BCA	Dilip. V
8.	Sudeep. N	III BA	Sudeep
9	Rakshith R	I BCA	Rakshith R
10	Gagan Gowda HM	I BCA	Gagan Gowda H.M
11.	Rahul. N	I BA	Rahul
12	Nagaraj	I BA	Nagaraj
13	Dakshin. B	I BCA	Dakshin
14	Devaraj. S	I BA	Devaraj
15	Nithin. V	I BCA	Nithin. V
16	Sharada. T	I MA	Sharada
17	Shwetha. G	I MA	Shwetha
18	Shalini. N	I MA	Shalini
19	Soubhagya. M	II MA	Soubhagya
20	Vasun Kumar B.G.	II sem BCA	Vasun Kumar
21	Pinki Kumari R	III year B.A	Pinki Kumari R
	Vinutha. N	III year BA	Vinutha. N
	Harshini C	IV year BA	Harshini C
	Shandy Thomas	VI sem BA	Shandy
	Aleeraja. R	VI sem BA	Aleeraja. R
	Renuka. B	III	Renuka. B
22	Sreechar CM	II sem BCA	Sreechar
23	Pooja chandra	I sem BCA	Pooja
24	Sathish. P	II sem BCA	Sathish
25	Abhinav. N	II sem BCA	Abhinav
26	Pragwal. C	II sem BCA	Pragwal. C

Acharya Pathasala College of Arts & Science

Narasimharaja Colony, Bangalore -560 019.

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Registration Form

Health Checkup for Boys Student

Sl. No.	Name of the Student	Course	Signature
27	Sajeed ulla	B.A	Sajeed ulla
28	Manoj. G	I st B.C.A	Manoj. G.
29	Syed Zaman	I st B.C.A	Syed Zaman
30	Vijayesh	I st B.C.A	Vijayesh
31	Nithin Kaushik	I st B.A	Nithin
32	Veeresh. G	II nd Year B.A	Veeresh
33	Ramesh. G	III rd year B.A	Ramesh
34	Nagaraj. H	III rd Year BA	Nagaraj, H
35	Ramu	1 st Year BA	
36	Sachin R	2 nd year BA	Sachin
37	N. Dharmendra	II BA	
38	Vijay nandan	II BA	
39	Nandan Kumar	II BA	
40	Suryan	II BA	
41	Amith Kumar. M	II BA (HK)	Amith
42	Shree Kumar. B.N	II BA (HK)	Shree
43	Benaka. B.S	II Sem BCA 1 st yr	Benaka
44	Manish. M	II BCA	Manish
45	ABHISHEK. G	II nd BCA	Abhishek. G
46	SANTOSH NAYAK	II nd BCA	Santosh
47	NITHIN	I st BCA	Nithin
48	Ramachandra Samant	1 st B.C.A	Ramachandra
49	Samarth. D.N	3 rd BCA	Samarth
50	Shankar. K	" "	Shankar
51	Varun	" "	Varun
52	Uday. A	II BA	Uday A
53	Srinivas M	II BA	Srinivas
54	Arun. M	II BCA	Arun
55	Saiya Saba	II BSc	Saiya
5	Jyothi Verma	II BSc	Jyothi

Acharya Pathasala College of Arts & Science

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Registration Form

Health Checkup for Boys Student

Sl. No.	Name of the Student	Course	Signature
56	R. Akash	B.C.A 1 year	R. Akash
57	Bharath K.S	BSC final year	Bharath K.S
58	Chandu. M.K	BSC final year	Chandu. M.K
59	Vaibhav Powar	BSC " " "	Vaibhav Powar
60	Charan Shekar	BA. I year	Charan Shekar
61	Anirudh. G.R.	BA II sem	Anirudh. G.R.
62	Aggath. B.C	BSC final year	Aggath. B.C
63	Preraj. H.B	B.Sc. VI SEM	Preraj. H.B
64	Ahishk. S	I.A.A	Ahishk. S
65	Ganesh. J	Staff	Ganesh. J
66	Hathvik	BCA 1 st year	Hathvik
67	Chandrashekar	BA VI year	Chandrashekar
68	Sunilkumar	BA VI year	Sunilkumar
69	Mohammad Ayaz	BCA VI sem	Mohammad Ayaz
70	Bipin Kumar	BA II sem	Bipin Kumar
71	Varun. K	BCA II sem	Varun. K
72	Vikram S.	BA II sem	Vikram S.
73	Kishan Kumar	BA I sem	Kishan Kumar
74	AJAY. M	II PU SEBA	AJAY. M
75	Sevan. M.Y	II PU HEBA	Sevan. M.Y
76	Benjamin. M	II PUC SEBA	Benjamin. M
77	Naveen. S	II PUC HEBA	Naveen. S
78	Varun. M.O	II PUC SEBA	Varun. M.O
79	Bhuvan. B.J	II PUC SEBA	Bhuvan. B.J
80	Suresh. B	II PUC HEBA	Suresh. B
81	Pradeep. H	II PUC HEBA	Pradeep. H.
82	Harish raj. G	II PUC HEBA	Harish raj. G.
83	Nathan Kumar. S.	Ist B. A	Nathan Kumar. S.
84	Rohith. R	II PUC SEBA	Rohith. R
85	Abhishek	II BSC (PM)	Abhishek

Girls




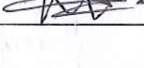

Acharya Pathasala College of Arts & Science

Narasimharaja Colony, Bangalore -560 019.

Health Check up for Girl Students

Name of the programme : Health Check Up

Date: 1.07.2023

Sl. No.	Name of the Student	Course	Signature
1.	Apoorva K.P	B.Sc.	Apoorva K.P
2.	Sree Vidya.V	B.A	Sree vidya.V
3.	Shalini.N	BCA	Shalini.N
4.	Anusha.G	BA	Anusha
5.	Annapoorna.L	BA	Annapoorna.L
6.	Shwetha.N	BA	Shwetha.N
7.	Kixana.S	BCA	
8.	Jahnavi.G	BCA	Jahnavi.G.
9.	Theerthi.N.S	BCA	Theerthi.N.S
10.	Sanjana.S	BA	Sanjana.S
11.	Sahana.S	BCA	Sahana.S
12.	Devika.S	BCA	Devika.S
13.	Madhuri.P	IBA	Madhuri.P
14.	Neha.R	III rd year BA	Neha
15.	Pinky Kumari	IV th year BA	Pinky kumari
16.	Sangeetha.M	IBA	Sangeetha.M
17.	Divya Shree	IBA	Divya Shree
18.	Sharada.T	IBA	
19.	Shwetha.G	IMA	
20.	Shalini.M	IMA	
21.	Jyothi.S	III rd year BA	
22.	Mahasa.K	2 nd Sem BCA	Mahasa
23.	Anusha M.N	1 st Sem BCA	Anusha
24.	Deepa.V	III rd year BA.	
25.	Monisha.M.K	1 st yr BSC	Monisha.M.K
26.	Pooja.S	1 st yr B.Sc	Pooja
27.	R.Meghashree	II nd sem BCA	Meghashree.R
28.	Pooja.R	III rd Sem BSC	

Faculties.

Telephone: 080-26603192

Acharya Pathasala College of Arts & Science

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Health Checkup for Faculties Feed Back Form

12-07-2023

Sl. No.	Name of the Student	Feedback	Signature
1)	ಮಂಜುನಾಥ್	good	M. J.
2)	Usha. D.	not up to the level	U
3)	Sahanasree	Requirement of Hb	S
4)	ಅನುಜಯ	good	A
5)	Vidya. S. G.	Good.	Vidya
6)	ವಿಜಯಲಕ್ಷ್ಮಿ		
7)	ಅನುಜಯ		
8)	Harshitha. S	Helpful & Nice program	Harshitha
9)	Gayathri	Good	G
10)	Rukmini	Excellent	R
11)	Preema	Good	P
12)	Vishalakshi. M. N.	Good.	V
13)	Chandrabala. V	Better	Chandrabala V 12/7/23
14)	Varanti. K	Very Useful	V
15)	Sushila	Very Good	Sushila
16)	Suma. P.	Very Good	Suma. P.
17)	Kantharaj. H.	Helpful & V. Good	Kantharaj. H.
18)	Chandramouli	very good	C
19)	ಅನುಜಯ	very good	A
20)	ಅನುಜಯ	very good	A
21)			
22)	ವಿಜಯಲಕ್ಷ್ಮಿ	good	V
23)	Roopa Roopa		Roopa
24)	ಅನುಜಯ		A
25)	Shanthi. B.	Excellent work	Shanthi

Acharya Pathasala College of Arts & Science

Narasimharaja Colony, Bangalore -560 019.

Health Check up for Girl Students
Feed Back

Name of the programme : Health Check Up

Date: 11.07.2023

Sl. No.	Name of the Student	Feed Back	Signature
01	Kirana .B	Good	
02	Jahnvi .G	Good	Jahnvi.G
03	Shwetha .N	Better	Shwetha.N
4	Shalini .V	Better	Shalini .V
5	Rajna .G	Good	
6.	Neha .R	Good	Neha .R
7	Divyashree	Good	Divyashree
8	Madhuri .P	Good	Madhuri .P
9	Sharada .T	Good	
10	Shwetha .G	Better	
11	Shalini .N	Better	
12	Sree Vidya .V	Good	Sree Vidya .V
13	Kavari .N	Good	Kavari .N
14.	Sumera MC	Excellent	Sumera .
15.	Poornima .M	"	
16	Soubhagya .M	Good	
17	Souradnya .S	Good	Souradnya .S
18	Nalini .G	Good	Nalini .G
19	Sudhu .M.	Good	
20	Harshini .C	Very Good	Harshini .C
21	Vinutha .M	Good	Vinutha .M
22	Neeraja .R	Good	Neeraja .R
23	YASHASWINI .L	Good	
24	Geetha .S	Very good.	
25.	AnnAPOORNA .L	Good	AnnAPOORNA .L
26.	Anusha .G	Good	Anusha
27.	Pinki Kumari .R	Good	Pinki Kumari .R
28	Shandy Thomas	Very Good	Shandy

Boys

Telephone: 080-26603192



Acharya Pathasala College of Arts & Science

Narasimharaja Colony, Bangalore -560 019.

Website: apsartsandscience.org Email: apscollegeofartscience@gmail.com

Health Checkup for Boys Students

Feed Back Form

Sl. No.	Name of the Student	Feedback	Signature
1)	Abdul Kalam		
2)	Athiq us Rahman	good amazing experience	
3)	Veeresh.S	good	
4)	Anup.A.Jamru	good	
5)	Krajmal.K.Gowda	good	
6)	Bhuvan Suresh	good	
7)	Rohan C.U	good	
8)	Rakshith R	good	
9)	Diwakar.H	good	
10.	Dilip.V	good	
11.	Rahul.V	good	
12	Bhagan Gowda H.M	good	
13.	Devaraja.S	good	
14.	Vasun Kumar B.G	good	
15	Nagooraj	Good	
16	Darshan.B	good	
17	Nithin.V	Good	
18	Poojara	Good	
19	Abhinav.A	Good	
20)	Harish.M	Good	
21	Abhinav.G	excellent	
22	Benato B.S	Good	
23	Santhosh Naik	good	
24	Sumanth.D.N	Good	
25	Shashank.H	Good	
26	Vasun.R	Good	
27	Sayedh Sufyan	Excellent	
28.	Nandan	Good	
29.	Ramu	Good	
30.	Vijay	Excellent	



Telephone: 080-26603192

M: 9448205900

Acharya Pathasala College of Arts & Science

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Website: apsartsandscience.org Email: apcollegeofartsscience@gmail.com

Dr B. Jayashree, M.Sc.,(Phy), M.Phil., Ph.D.,

PRINCIPAL

10 Days Next Gen Employability Program Report

The placement cell of APS College of Arts and Science, N.R. Colony, Bangalore in association with Edu.Net foundation conducted a 70 Hrs. Next Gen Employability program for 2nd and 3rd year B.Sc., and BCA students from 17th April 2023 to 26th April 2023. It is a training program scheduled for 70hrs and the outlined content for non-engineering students was divided into 5 modules which consisted topics from Basic and advance Excel, obtaining data from different sources, transforming, designing and developing a data model and also to create reports and dashboards along with the skills to manage files, workspaces and datasets.

Trained faculties from Edu.Net were conducting the classes for the students. The orientation program was conducted on 14th April 2023 in order to mark the beginning of the session. It was conducted online through zoom platform. Narendra Eluri from Edu.Net and Sunil Kumar K from APS college of Arts and Science were the hosts for the orientation program. Around 44 students attended the session.

The training schedule went on from 17th April to 26th April in two sessions. Students attended both the sessions regularly and enthusiastically.

The valedictory session of the program was held on 26th April 2023 at 11 A.M in presence of Sri. A. R. Acharya, General Secretary, APSET, DR. B. Jayashree, Principal APSAS, Ms. Alisha, Edu.Net Next Gen Employability trainer. Sri. Sunil Kumar K, placement officer of APS College of Arts and Science welcomed the gathering. The students who participated in the program gave positive feedbacks about the training session and thanked the organizers for conducting this training session in the college for free of cost.

Dr. B. Jayashree, Principal addressed the students and said that along with academics, Hands-on skills are very important for students to be successful in all fields. She said that this program has highly benefitted the students in order to be competent in their future prospects. She thanked the management for their support and also congratulated the placement cell members for their initiative to conduct this program in the college smoothly.

Sri. A.R. Acharya, General Secretary addressed the gathering and said that our college has always conducted variety of programs to make the students competitive and successful in many ways. He motivated the students by saying that the students must make the best utilization of

the resources available in the college and also conveyed that these skills are required for overall development of the students.

The vote of thanks was proposed by Sri. Satyappa Nayaka M.J, Placement cell member.

Outcome:

The program was conducted to promote the all-round development of the student's potentials by providing need-based career-oriented quality education with an emphasis on social concern.

Around 40 students attended the program and were exclusively benefitted with the skills and talent required for their successful journey as students.



Handwritten signature
PRINCIPAL
APS College of Arts & Science
N.R. Colony, Bangalore-560 019



Deepa 28/4/23
PRINCIPAL

APS College of Arts & Science®
N.R. Colony, Bangalore-560 019.



Acharya Pathasala College of Arts & Science

Narasimharaja Colony, Bangalore -560 019

Website: apsartsandscience.com

Email: apscollegeofartsscience@gmail.com

Dr. B. Jayashree, M.Sc., M.Phil., Ph.D.,

I/c PRINCIPAL

APSAS / 11 / 2022-2023

Date: 11.04.2023

Next Gen Employability Program for 2nd and 3rd year B.C.A & B.Sc., Students
Organised by Placement Cell in Association with Edu. Net.

Training Schedule for 70 Hrs. Programs

Sl. No.	Date	Time	Hours
01.	17.04.2023	9:00 am to 5:00 pm	07 Hrs.
02.	18.04.2023	9:00 am to 5:00 pm	07 Hrs.
03.	19.04.2023	9:00 am to 5:00 pm	07 Hrs.
04.	20.04.2023	9:00 am to 5:00 pm	07 Hrs.
05.	21.04.2023	9:00 am to 5:00 pm	07 Hrs.
06.	22.04.2023	9:00 am to 5:00 pm	07 Hrs.
07.	23.04.2023	9:00 am to 5:00 pm	07 Hrs.
08.	24.04.2023	9:00 am to 5:00 pm	07 Hrs.
09.	25.04.2023	9:00 am to 5:00 pm	07 Hrs.
10.	26.04.2023	9:00 am to 5:00 pm	07 Hrs.

Note:

- ❖ Morning Session : 9:00 am to 12:00 pm
- ❖ Afternoon Session: 1:00 pm to 5:00 pm

Principal

PRINCIPAL

APS College of Arts & Science

N.R. Colony, Bangalore-560 019



APS COLLEGE OF ARTS AND SCIENCE

N. R. COLONY, BENGALURU-560019

You're Cordially Invited to Valedictory Session of
10Days (70 Hrs.) Next Gen Employability Program
Organized by

Placement Cell in Association with Edu Net Foundation

On 26th April 2023 at 11:00 am

Venue: Room No. 08

In presence of

Sri. A. R. Acharya,

General Secretary, APSET

Dr. B. Jayashree,

Principal, APS College of Arts and Science

Ms. Aalisha,

Edu. Net, Next Gen Employability Trainer

Sri. Sunil Kumar. K,

Placement officer, APS College of Arts and Science

Staff and Students

Dr. B. Jayashree
26/4/23
PRINCIPAL

APS College of Arts & Science
N.R. Colony, Bengaluru-560019



Acharya Pathasala College of Arts & Science

Narasimharaja Colony, Bangalore –560 019

Website: apcollegeofartsandscience.com Email: apcollegeofartsscience@gmail.com

edunet
Foundation

Memorandum of Understanding

This Memorandum of Understanding is entered on 1st March 2023 by and between **Edunet Foundation** having its office at A-11- 1105, Arcadia South City 2, Gurgaon 122018, India (hereinafter referred to as "Edunet"); and APS College of Arts and Science having its address APS College of Arts and Science, N. R. Colony, Bengaluru 560019, Karnataka, India. (hereinafter referred to as "institution")

Whereas, Edunet is a non-profit organization with multiple programs, sponsored by government and corporate entities, that are offered free to learners across the education spectrum, including but not limited to Next Gen Employability Program (<http://ey.edunetworld.com>).

Whereas, Institution is a premier institution with the following details:

Established (year):	1956
Vision:	To Promote the all-round development of the student's potential by providing need- based career- oriented, quality education with an emphasis on social concern

And whereas, the Parties seek to collaborate with each other to mutually complement their synergies and to jointly work on building capacity of learners through one or more of the programs managed by Edunet.

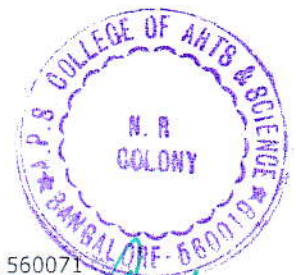
Now therefore, this **Memorandum of Understanding** (hereinafter called "MOU") witnesses the following.

- 1. Term and termination:** This MOU is valid for an initial term of 1 year from the Effective Date. It can be extended by further periods, as agreed to by the Parties from time to time. Either Party may terminate this MOU by giving the other minimum 30 days' notice. The MOU will be deemed terminated at the end of the notice period or after completing all ongoing activities so that the beneficiaries (learners and teachers) are not negatively impacted, whichever is later.
- 2. Non-binding nature of this MOU:** The MOU is not binding on either Party and each is working with the other out of sheer good-will and for the benefit of the learners.
- 3. Single Point of Contact (SPOC) for program co-ordination:** Both the Parties shall appoint a suitable person who will serve as a single of contact on all matters related to program rollout. Individual learners and teachers may be in touch with corresponding trainers, mentors, advisors and peers during program roll-out but all matters related to the execution of this MOU shall reside with the SPOC.

Bangalore office: Fairway Business Park, 7th Floor, EGL, Domlur, Bangalore 560071

Gurgaon/NCR office: A-11-1105, Arcadia, South City 2, Gurgaon 122018

info@edunetfoundation.org



PRINCIPAL
APS College of Arts & Science
N.R. Colony, Bangalore-560 019.



Acharya Pathasala College of Arts & Science

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edunet
Foundation

4. **Program Calendar:** The SPOCs from both Parties will work with their respective internal stakeholders to develop a calendar for the program(s) rollout at the start of every quarter. This calendar will then be synchronized and published for use by everyone.
5. **Responsibilities of Edunet and/or its program sponsors/partners:**
 - a. **Orientation sessions:** Edunet will conduct orientation sessions for learners and educators, at a mutually agreed schedule, to onboard them onto the program(s).
 - b. **Program materials:** Edunet will share all program materials with the institution and/or learners as required. All sharing will be online and/or through electronic media.
 - c. **Online instructor led sessions:** These sessions may take the form of coursework sessions, webinars or mentoring workshops or technology bootcamps or innovation camps or career readiness workshops that will seek to assist learners in their career goals. These programs will be organized regular as per a regular calendar, published online and will be conducted by Edunet team members or program sponsors or external stakeholders as appropriate.
 - d. **Interaction with Industry experts:** Edunet will bring industry experts to the Institute to drive engagements with students through seminars/webinars or project mentorship.
 - e. **Online platform availability:** Online platforms for each of the programs of interest to the Institution will be made available to it. Links for these platforms will be made available to the Institution in a timely manner.
 - f. **Assessments:** Edunet will conduct assessments, as required, for its programs prior to certification by Edunet and/or its industry partners and/or participating government agencies.
 - g. **For programs with career paths:** Edunet will provide linkages with local and regional industry, government and the local start-up ecosystem (incubators etc) that will help learners with gainful employment and/or entrepreneurial opportunities. Interactions will be encouraged in terms of classrooms sessions, workshops, internship opportunities, career opportunities and entrepreneurship opportunities.
 - h. **Updates:** Edunet will keep Institution management updated with the progress of the program(s)
6. **Responsibilities of Institution:**
 - a. **Learner identification:** Institute will identify learners, volunteers and instructors who may participate in one or more programs offered by Edunet.
 - b. **Support with orientation sessions:** Institute will support Edunet conduct orientation sessions for all stakeholders.
 - c. **Support with attendance:** Institute will ensure that program participants enthusiastically participate in chosen programs, with minimum attendance as agreed between the Parties.
 - d. **Support with assessments:** Institute will ensure that assessments carried onsite are proctored and professionally managed.
 - e. **No fees:** Institute will not charge any extra fees from learners for participation in Edunet programs. Edunet will not charge any fees from the students/university for the program.

Bangalore office: Fairway Business Park, 7th Floor, EGL, Domlur, Bangalore 560071

Gurgaon/NCR office: A-11-1105, Arcadia, South City 2, Gurgaon 122018

info@edunetfoundation.org







Acharya Pathasala College of Arts & Science

Narasimharaja Colony, Bangalore -560 019

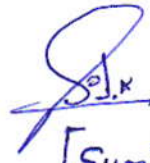
Website: apcollegeofartsandscience.com Email: apcollegeofartsscience@gmail.com

edunet
Foundation

IN WITNESS WHEREOF, the parties hereto have executed this MOU on the Effective Date.

For Institution	For Edunet Foundation
	
Name: DR. B. JAYASHREE	Name:
Designation: PRINCIPAL	Designation:
Institutional Seal: 	

* Witness :-



[Sunil Kumar K.]




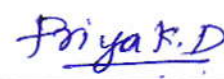
Asst. Professor and Placement officer
APS College of Arts & Science
N.R. Colony, Bengaluru - 560019

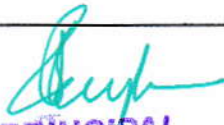
APS College of Arts and Science

N R Colony, Bengaluru- 560019








Next Gen Employability Program for 2nd and 3rd year B.C.A & B.Sc., Students

Organised by Placement Cell in Association with Edu. Net.

Sl. No.	Name of the Student	Course	Year	Sem.	Contact Number	Email Id	Signature
1	MEGHANA	BCA	III	VI	973944 -8873	meghana2002 abhl@gmail.com	
2	PRATHIBA.R.	BCA	III	VI	70194 67054	prathiba6705 -4@gmail.com	
3	JYOTHIKA.G	BCA	III	VI	815200 6943	jiyothi636135 @gmail.com	
4	TEJASWINI.M	BCA	III	VI	89046 90431	teju3103@ gmail.com	
5	VAISHNAVI.K.V	BCA	III	VI	935318 7228	vais hnavilava 27@gmail.com	
6	SHARMILA.J	BSC	III	VI	97319 81670	Sharmila praja pato7@gmail.com	
7	M. MUSKAN	BSC	III	VI	74836 03502	muskanstahin 7483@gmail.com	
8	Priya K.D	BCA	III	VI	886756 5203	Priyad2003 @gmail.com	
9	Shree Lakshmi	BCA	III	VI	82777 40409	Shree lakshmi bhigamudare @gmail.com	


PRINCIPAL

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10	Aruntha. M	BCA	<u>III</u>	<u>VI</u>	973980 7051	aruntham 657@gmail. com	
11	Harshitha. D	BCA	<u>III</u>	<u>VI</u>	81970 44396	harshu1172 @gmail.com	Harshitha. D
12	Hemalatha. P	BCA	<u>III</u>	<u>VI</u>	82961 93253	hemalatha357 @gmail.com	Hemalatha. P
13	Neha. G. Kulkarni	BCA	<u>III</u>	<u>VI</u>	8297 6302 97	nehagkulkarni 4203@gmail. com	N. G. Kulk
14	Gowthami. N	BCA	<u>III</u>	<u>VI</u>	933766 3301	nagavajraguS.in -dhu@gmail.co m	
15	Vasun. R	BCA	<u>III</u>	<u>VI</u>	9980318 147	vrajik1396 @gmail.com	
16	Jagadeesh	Bsc	<u>III</u>	<u>VI</u>	9148837 894	jjagadeesh1009 @gmail.com	<u>Jagadeesh</u>
17	Chandan S	BCA	<u>III</u>	<u>VI</u>	96204 40595	chandansbtrot @gmail.com	
18	Sumanth. DN	BCA	<u>III</u>	<u>VI</u>	88846 56650	SumanSumanth 744@gmail.com	Sumanth. D. N
19	Shashanka. R	BCA	<u>III</u>	<u>VI</u>	9740A 75983	shashanka 47261@gmail.com	Shashanka. R
20	Mohammed Ayoon YM	BCA	<u>III</u>	<u>VI</u>	636196 4978	yammohamme dayan672@ gmail.com	
21	TUNAR. A	BCA	<u>III</u>	<u>VI</u>	960640 3288	Tunavarganda 4052@gmail. com	
22	PRASWAL CV	BCA	<u>III</u>	<u>VI</u>	95350 65499	Praswaleed 55083@ gmail.com	

23	ABDOL KALAM	BCA	III	VI	974255 -6853	jack9742556853 @gmail.com	<u>Abdul</u>
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26	Bhadrath K.S	B.Sc	III	VI	636469 8892	dollybharathoo @gmail.com	<u>Bhadrath</u>
27	Abhishek Gowda.K.B	B.Sc	II	IV	97431 33272	Abhishekgowda k62142004@ gmail.com	<u>Abhishek</u>
28	Vijay.G	B.Sc	II	IV	789851 7019	vijay.itel42@ gmail.com	<u>Vijay</u>
29	Punith Gowda .K.M	B.Sc	II	IV	8073 0377 87	Punithgowda 892@gmail	<u>Punith Gowda.K.M</u>
30	Ajith kumar	BCA	III	VI	7899 7507 31	ak499399 7@gmail.com	<u>Ajith</u>
31	Rajeev.HK	B.Sc	III	VI	7483553614	Rajeev.HK hkrajeev.000@gmail	<u>Rajeev.HK</u>
32	Lokesh Gowda	B.Sc	III	VI	911044- 8808	lokesh.gowdap 003@gmail.com	<u>Lokesh Gowda</u>
33	Kusuma.M	B.Sc	III	VI	789950 7959	saanupnky71 @gmail.com	<u>Kusuma.M</u>
34	Sandhya	B.Sc	III	VI	70226 80849	sandhyak andy706308 @gmail.com	<u>Sandhya</u>
35	Dhanusha.R	BSC	III	VI	748362 6962	ddhanushasaru @gmail.com	<u>Dhanusha</u>

36	KRUTHIKA M.R	B. Sc	III	VI	8296 388163	kruthika292sho@gmail.com	kruthika
37	JYOTHI VERMA	BSC.	II	III	809593 5696	vermajyothi00@gmail.com	Jyothi
38	Diana.K	B.sc	II	IV	88612 28747	dianaka@gmail.com	Diana.K
39	Vasundra.p	B.sc	II	IV	81233 27284	vasundra.PV173@gmail.com	Vasundra.p
40	Aishwarya.R	B.sc	III	VI	96637 49563	aishwaryasaishu8792@gmail.com	Aishwarya.R
41	Dhanalakshmi D.B	B.sc	III	VI	7338255 690	dhanalakshmidb2002@gmail.com	Dhan
42	Geetha.s	B.sc	III	VI	96866 57917	geethashetty311@gmail.com	Geetha.S
43	Chaitra MR	Bsc	III	VI	81399 86627	Chaitramr292@gmail.com	Chaitra
44	Suchithra.s	B.Sc	III	VI	70227 30392	Suchithras350@gmail.com	Suchi
45	Sushmita.S	B.Sc	III	VI	895120 3032	SSushmitas366@gmail.com	Sushmita.S
46	Margula.S	B.Sc	III	VI	866021 8469	Margulas57981@gmail.com	Margula.S
47	ShashiRetho	BCA	IV	VI	808886 3642	ShashiShashiRetho96@gmail.com	ShashiRetho
48	Anitha.p	BCA	IV	VI	812326 8784	AnithaP0305@gmail.com	Anitha.p

49	Pooja.	BSC	III	VI	72040 70622	Poojahashitha 143@gmail.com	Pooja.
50	Sheela.s	BSC	III	VI	85469 02823	Sheelamanju 2819@gmail.com	Sheela S
51	Kavyashrum	BSC	III	VI	99164 01596	Kavyasi 2719@gmail.com	Kysh
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PRINCIPAL
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APS College of Arts and Science

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Next Gen Employability Program for 2nd and 3rd year B.C.A & B.Sc.,
Students

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Feedback form Day 1 Session

Sl. No.	Name of the Student	Course/ Sem.	Is Day 1 Session was helpful (Yes/ No)	Feed BACK about Day 1 Session
1	MEGHANA. A	III Year BCA	Yes	Very helpful. learnt from the scratch
2	TEJASWINI.M	III Year BCA	Yes	Very Interesting
3	Jyothika. G	III Year BCA	Yes	very informative and learnt new things.
4	Vaishnavi K.V	III year BCA	Yes	Informative Session
5	Sushmitha.S	III year BSC	Yes	usefull
6	Manjula.S.C	III Year BSC	Yes	Helpfull.
7	Shashi Rekha.	III year BCA	Yes	Helpfull
8	Neha G.Kulkarni	III year BCA	Yes	Helpfull
9	Anitha.P	III Year BCA	Yes	Very helpful. learnt new skills

10	Amsutha. M	III Year BCA	Yes	Very Informative, Learnt many new thing.
11	Harshitha. D	III Year BCA	Yes	Useful.
12	Gonothami. N	3 rd year BCA	Yes	I gained many Information in this Section.
13	Priya k. D	3 rd year BCA	Yes	Very Usefull
14	M. Muskan	3 rd year BSc	Yes	Useful.
15	YOGESH. M	3 rd year BCA	Yes	Lernt New things very useful.
16	Mohammed Ayan	3 rd year BCA	Yes	Knowledgeable
17	Diana. K	2 nd year B. SC	Yes	interesting. & useful.
18	Vasundra. p	2 nd year B. SC	Yes	Very useful.
19	Sandhya. G	3 rd year BSc	Yes	Gaining Knowledge
20	KOUSALYA	3 rd year BSC	Yes	Helpfull Session
21	Harshitha. v	3 rd year BSC	Yes	Good Coaching and very useful

22	Sheela. S	III year BSC	Yes	Provide specific examples.
23	Aishwarya. R	III Year B.sc	Yes	It was helpful
24	Dhanalakshmi DB	III Year B.sc	Yes	Doing well
25	Geetha. S	III Year B.sc	Yes	You're making a huge impact
26	Jyothi Verma	II year BSC.	Yes	helpful.
27	Dhanusha R	III year BSC.	Yes	It was great
28	Krutika. MR	III year BSC.	Yes.	Awesome.
29	Pooja	III year BSC	Yes	Interesting, and good.
30	Kusuma M	III year BSC	Yes	useful
31	Suchithra. S	III Year BSC	Yes	useful
32	Prathiba R	III year BSC	Yes	It was very useful to me.
33	Kavyashree. M	III year BSC	Yes	Helpful.

34	Sumanth DW	III year BCA	Yes	Good
35	Shashankra	III year BCA	Yes	Good
36	Chandan S	III Year BCA	Yes	Good
37	Vasum R	III year BCA	Yes	Good
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